

# Acquisition du signal. Son contrôle. EMG en recherche

Master M2 ReClip, UE 2 : Jeudi 4 Décembre



**Pr. G. Amarenco**

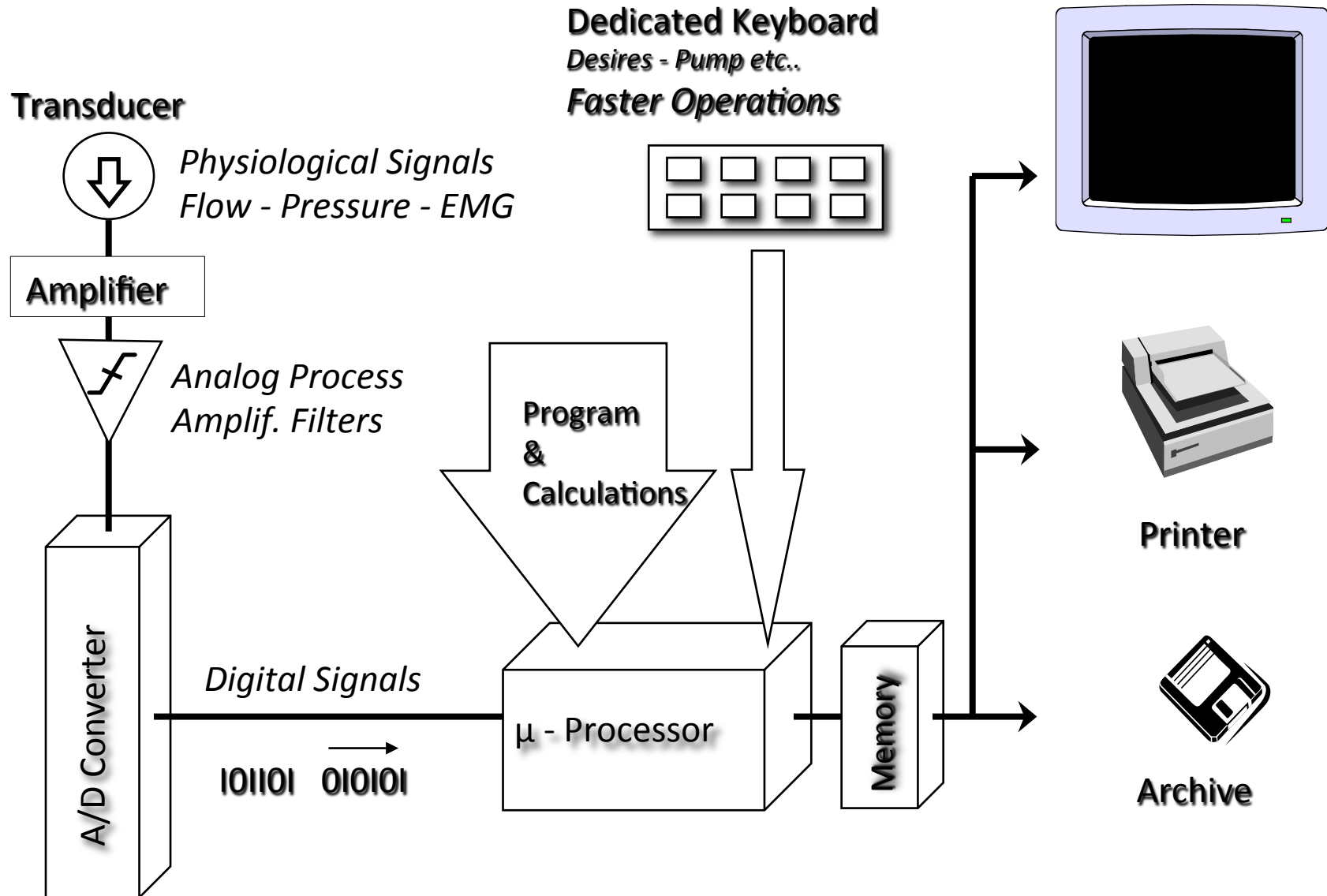
**Université Pierre et Marie Curie**



ASSISTANCE  
PUBLIQUE  HÔPITAUX  
DE PARIS

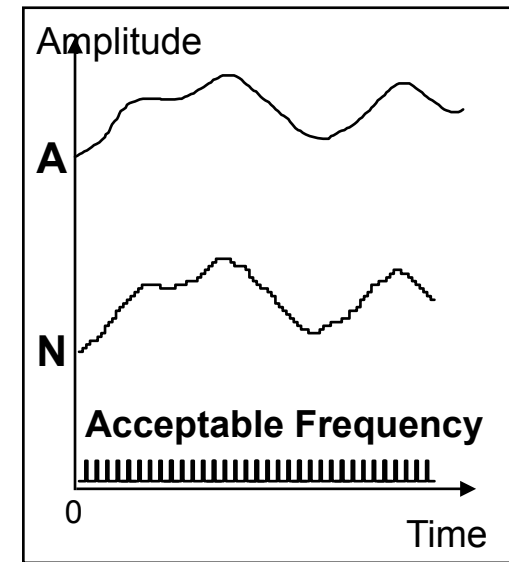
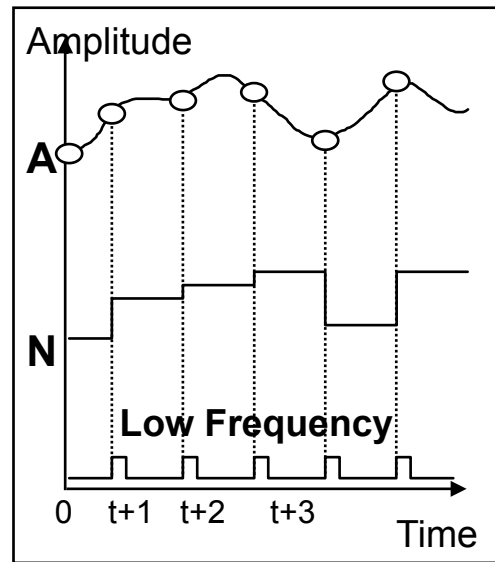
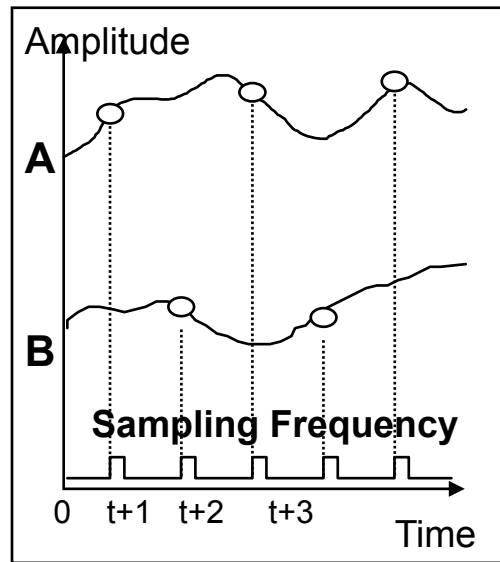
**UPMC**  
1800 PARISUNIVERSITAS

# Equipment



# Digital Conversion *Sampling*

## Time Sampling of one or more magnitudes



**Frequency** 5 times (minimum) the highest frequency to be sampling

## Binary conversion (12 bits)

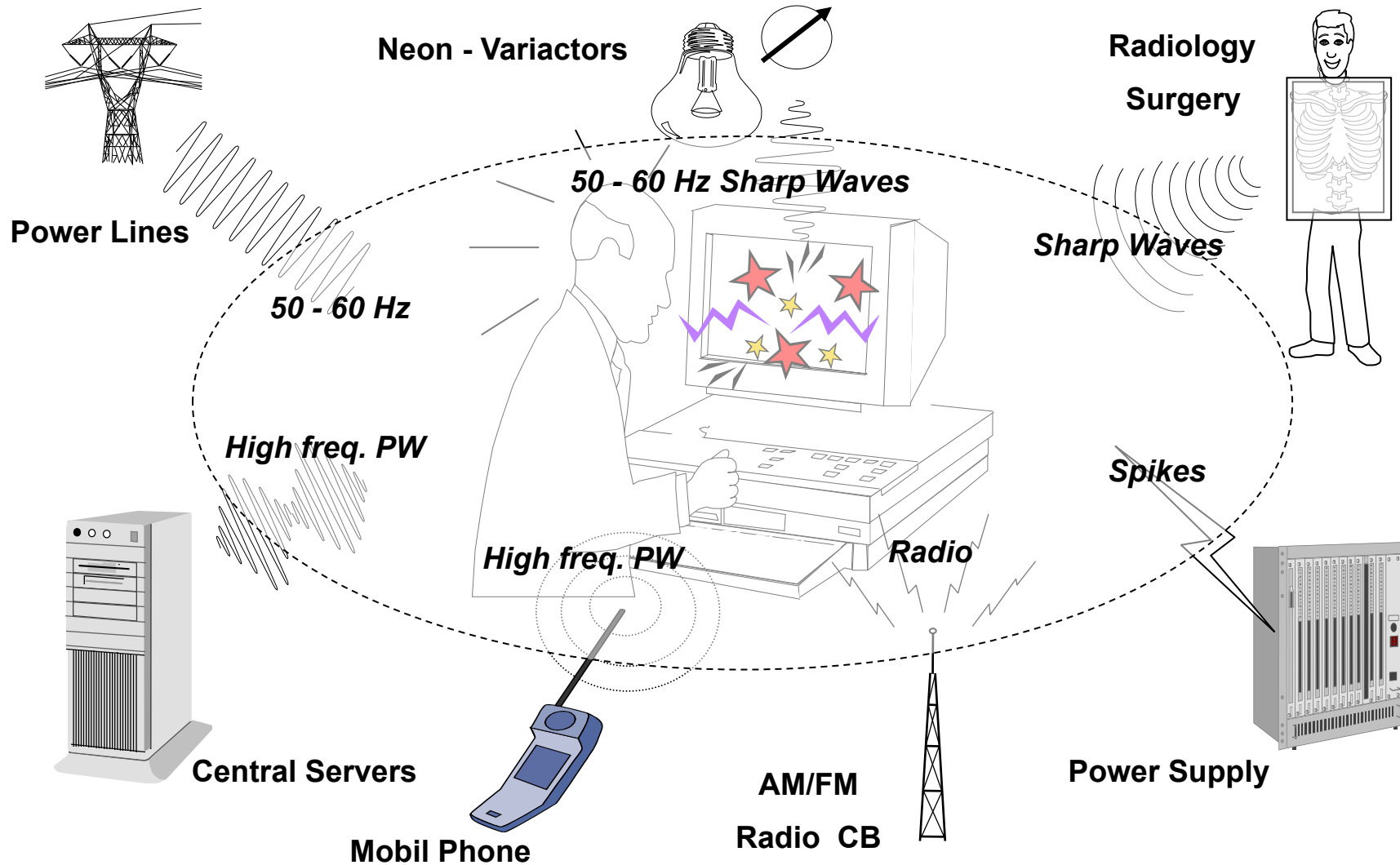
(t+1) 5mV amplitude that is

**00000000101**

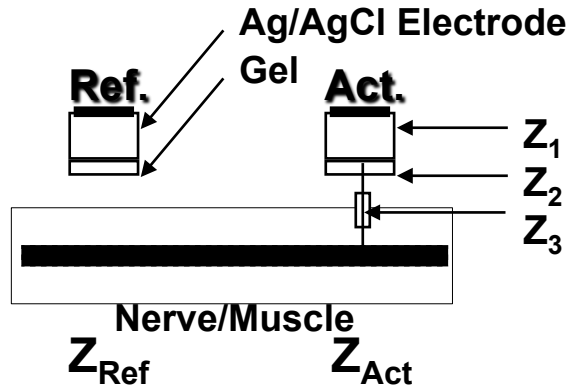
(t+n) 100mV amplitude that is

**00001100100**

# Patient is Antenna ! *Interferences are transfered*



# Rec. Surface Electrode *Impedance*



Surface ↑ = Imped. ↓  
 Surface ↓ = Focal ↑  
 Imped. ↓ = Amp. ↑

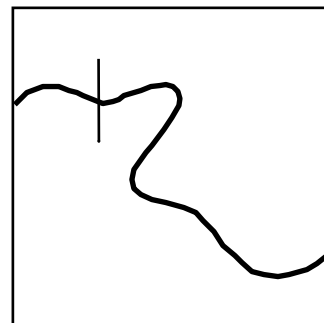

 Some Gels can start up skin irritations !

$Z_R = Z_A$  Correct       $Z_R \neq Z_A$  50/60 Hz

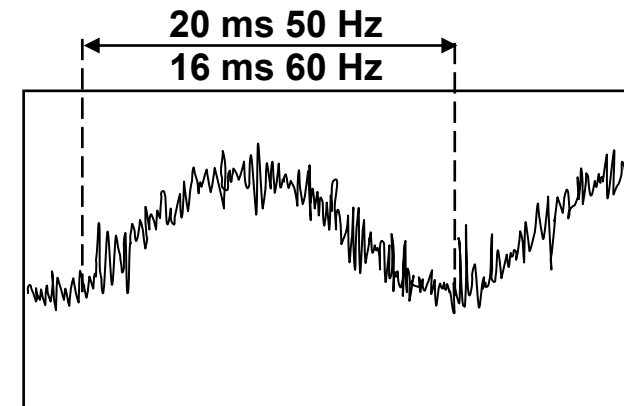
Baseline not stabile ?

$Z_{Ref} \neq Z_{Act}$

- Skin contact
- Dry electrode
- Poor electrode quality
- Defective cable
- Defective Input Connector

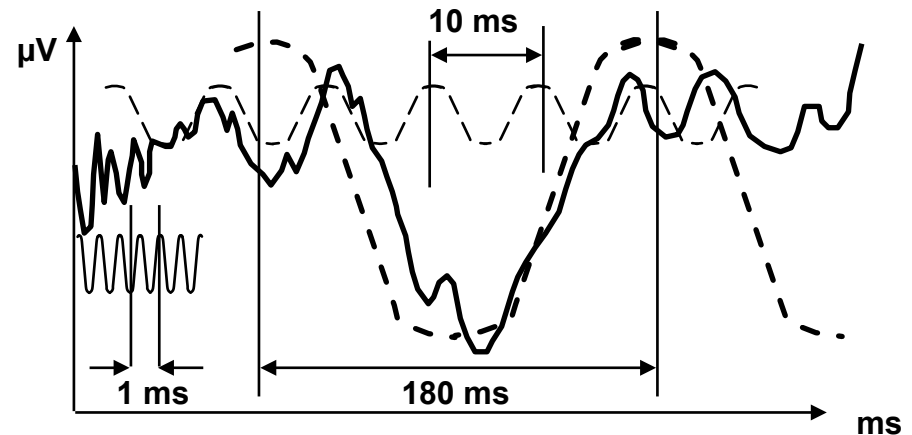
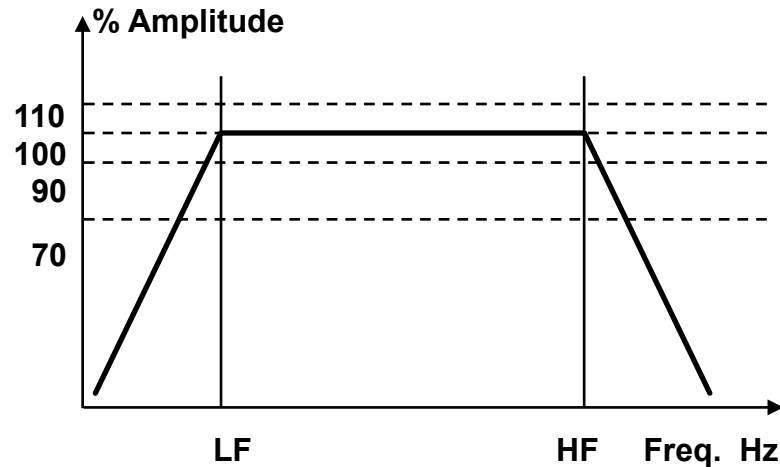


With Stimulation



Electromyography

# Band Pass and Filters



Amplitude of EMG or EP signal depend of filter adjustment.

A precise adjustment provide a better trace without unsuitable frequencies as :

- Muscular noise
- External interferences
- Unsuitable brain activity
- etc..

- Many frequencies in the *Red* signal
- Role of filters isolate suitable frequencies

In this case 10 and 180 ms  
Frequencies 100 Hz and 5.5 Hz

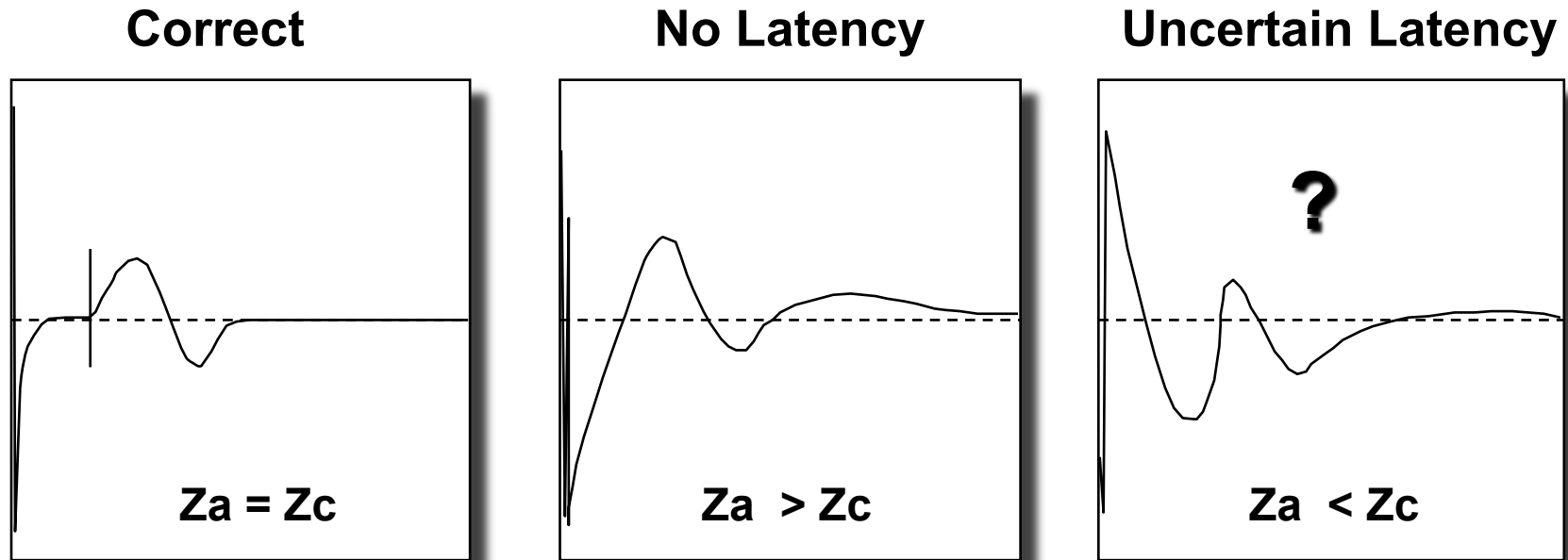
HF  $\Rightarrow$  minimum  $100 \times 2 = 200$  Hz

FB  $\Rightarrow$  maximum  $5.5 / 2 = 3$  Hz

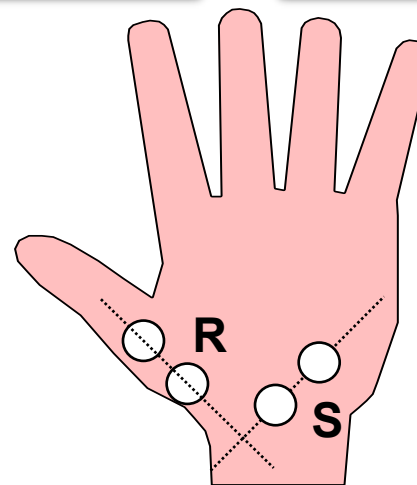
# Routine Setup *in Practice*

Electrode	EMG				NC Surface	Evoked Potentials EP Needles or Surface				
	CN-MN	Special	Special			SNC MNC F- H Blink Decrem <sup>t</sup>	SEP		AEP A1-A2	
Tests	MUP IP T/A	SF	SF	Canula	Cortex		Others	AEP	P300	
High FQ [KHz]	10 200	10	10	2	2	1	2	2	0,1	
Low FQ [Hz]	or More 10	or More 500	or More 500	5	20	0,5	20	50	0,2	0,5
Sweep ms/Div	10 - 20	1 - 2	1	10	See Applications	10	5/10	1	100	30

# Stimulation Artifact *balanced Impedances*



Unbalanced impedance between  $Z_{anode}$  and  $Z_{cathode}$  give positive or negative variation of stimulus artifact !



**Proximity  
Technic**

**90° angle**

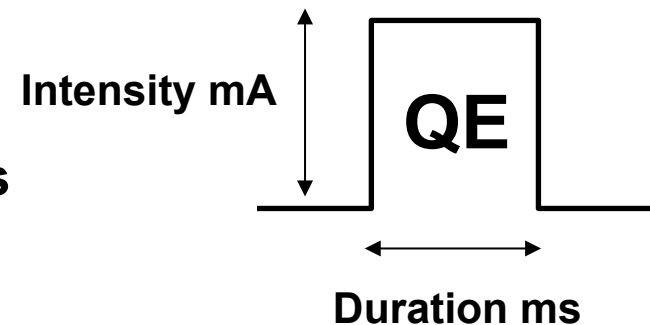


# Intensity & Duration *Stimulation*

**Stimulation is defined by Intensity and Duration :  
Quantity of Electricity (QE)**

**You get the same QE with :**

**10 mA / 0,2 ms    and    20 mA / 0,1 ms**



## **Reminder :**

- Long Duration gives Larger Stimulus Artifact
- Higher Intensity is painful
- Short Duration, Limitation in Max. of QE ( depth nerves - Fat patient )
- It's better (for patient) to reduce the number of stimuli

# Averager *Principle*

Extract a revealed potential buried in an activity  
1000 times greater or more.

Two methods:

## Sum-Mean

$$\frac{1+2+n}{n}$$

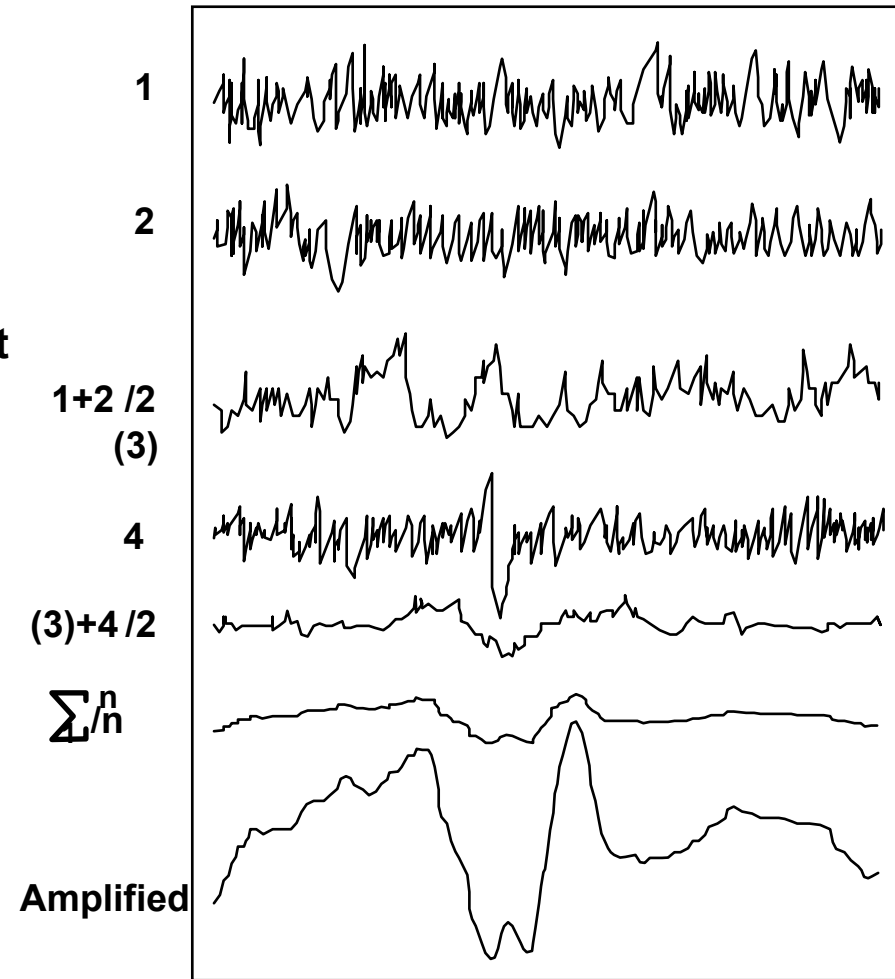
n is set before to start  
Wait n reached

## Normalized

$$\frac{\frac{1+2}{2} + 3}{2} + n$$

Possibility to stop  
averager at any time.  
n is an actual value

**K  
E  
Y  
P  
O  
I  
N  
T**



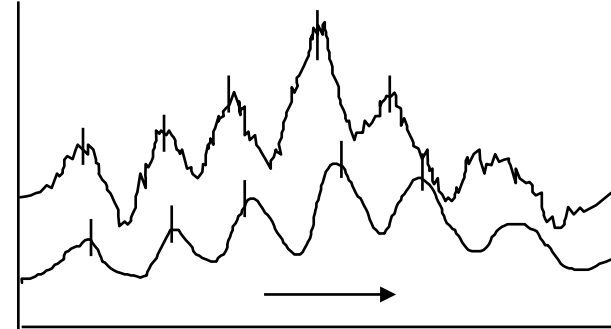
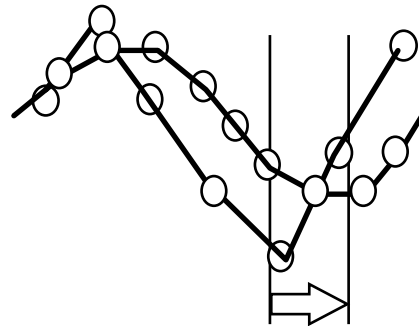
# Smoothing Technics

## Post-Calculation

Mean Value of 3 points  
Then Interpolation of points

More smoothing =

- Latency displacement
- Amplitude decreasing



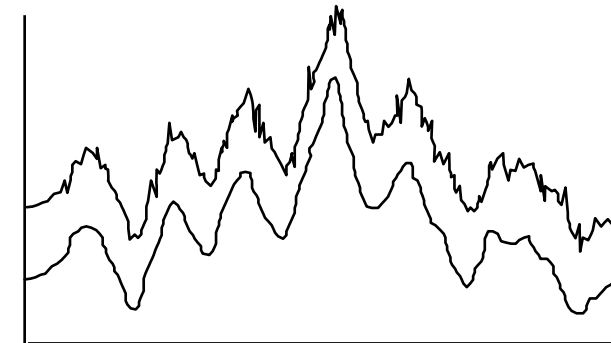
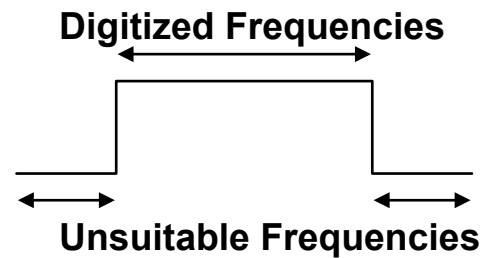
**K  
E  
Y  
P  
O  
I  
N  
T**

## Post-Digitized

Re-Digitized Signal  
with new pass-band

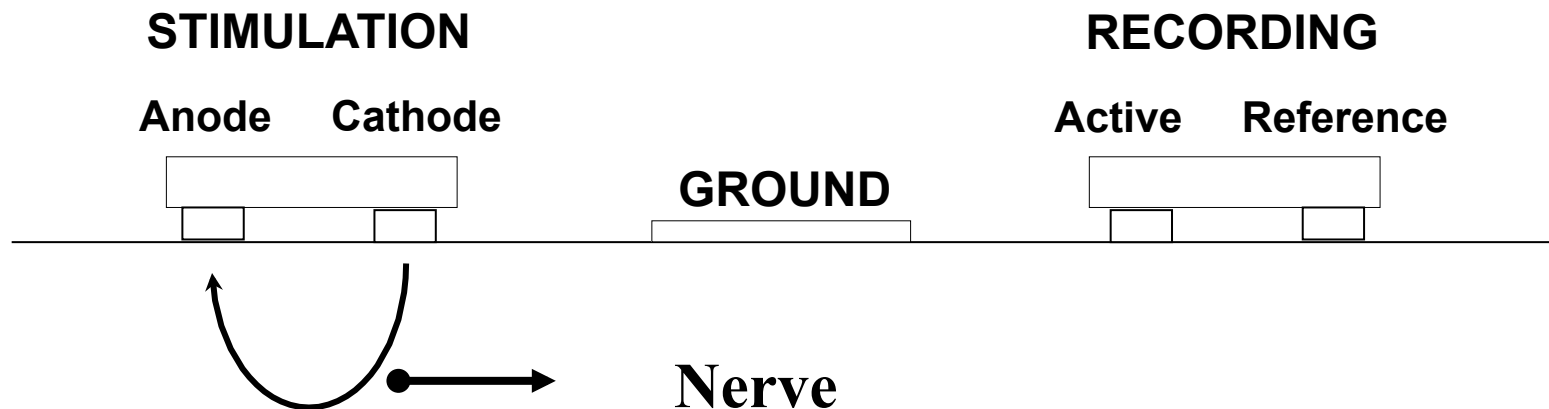
More smoothing =

- Amplitude decreasing



# Ground *Stimulation & Recording Rule*

**As Possible, Ground must be placed between Stim. & Rec.**



**BLACK TO BLACK**

**Stimulation Polarity : NEGATIVE**

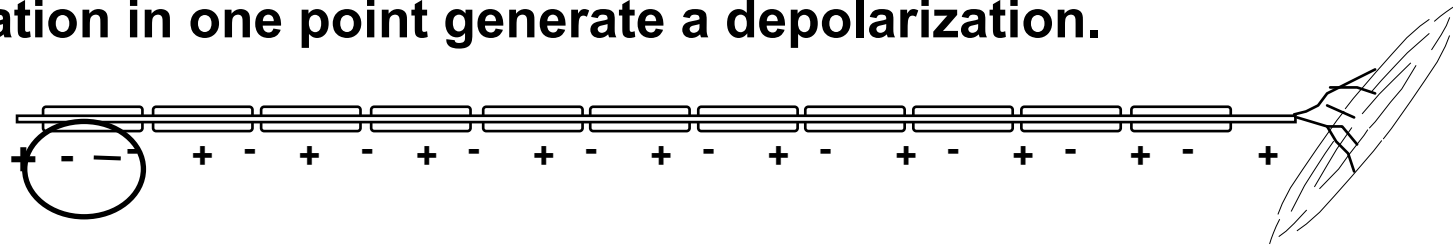
# **NERVE CONDUCTION**

**MNC - SNC - F.WAVES - INCHING**

# Stimulation

**Nerve is a Chain of Polarized Cells (Myelin Action)**

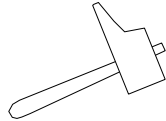
**Stimulation in one point generate a depolarization.**



**A Nerve could be Depolarized by :**



**Electrical Choke**

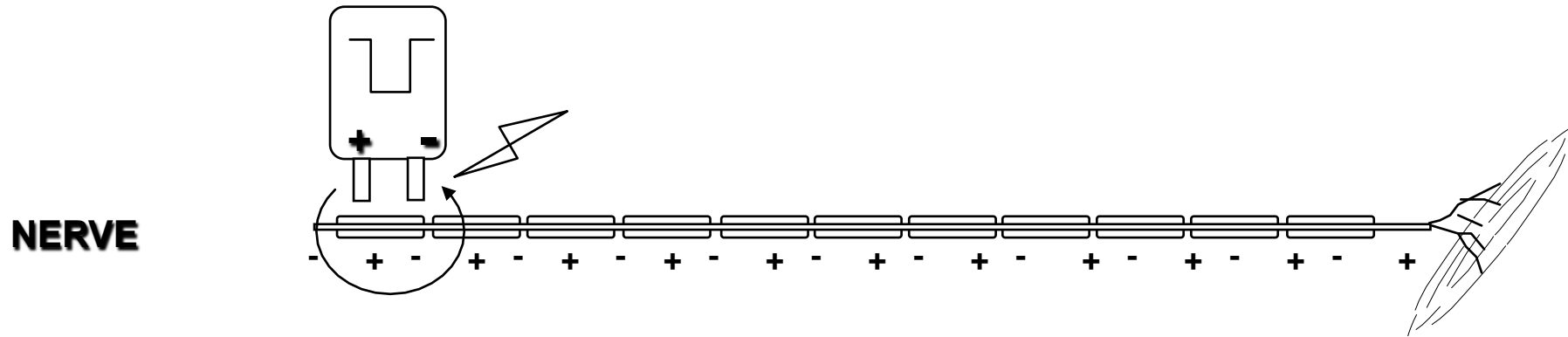


**Mechanical Compression**



**Magnetic Field**

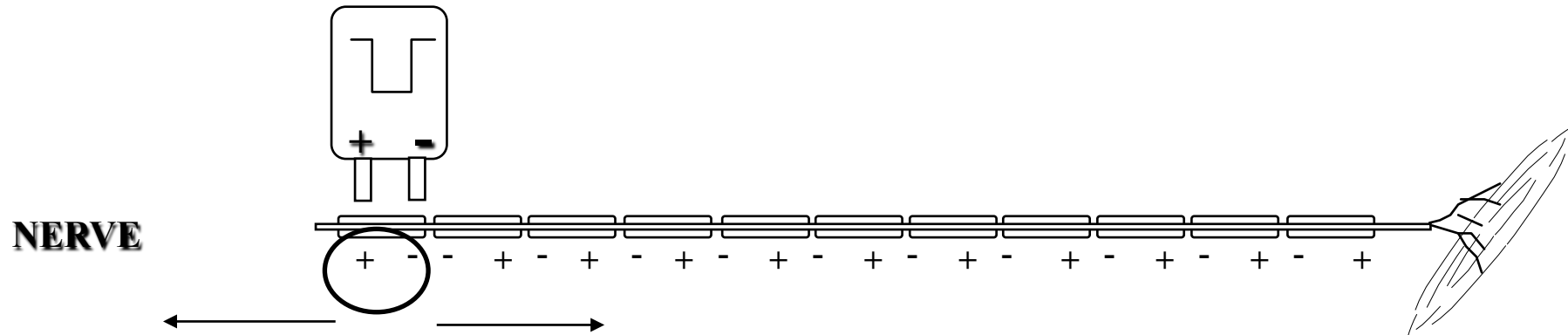
# Current Stimulation



**Supramaximal Stimuli**  
**Mini. 3 Times Sensory Threshold**



# Depolarization

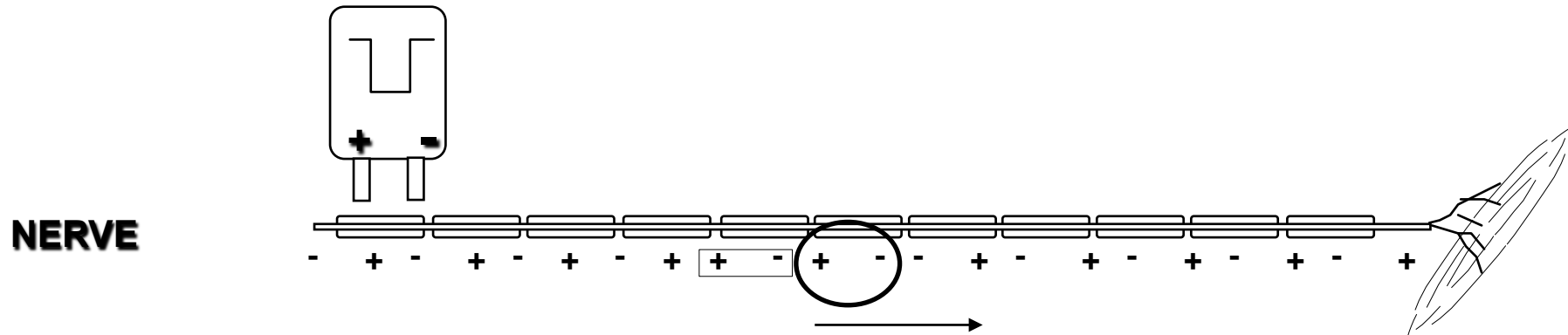


**Once a Nerve is Depolarized at some point,  
a Wave of Depolarization passes in  
Both Directions from that point.**





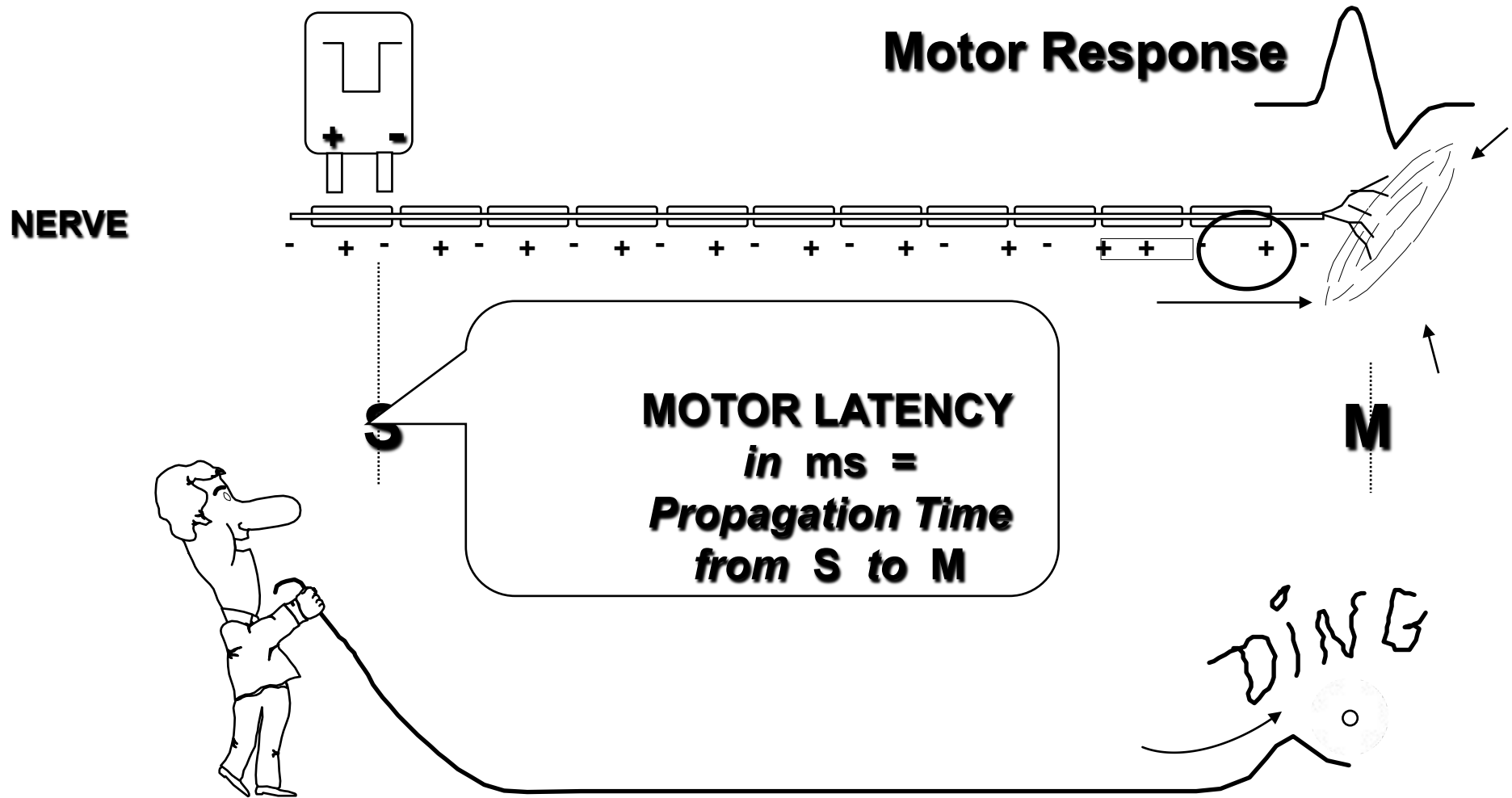
# Propagation - Refractory Period



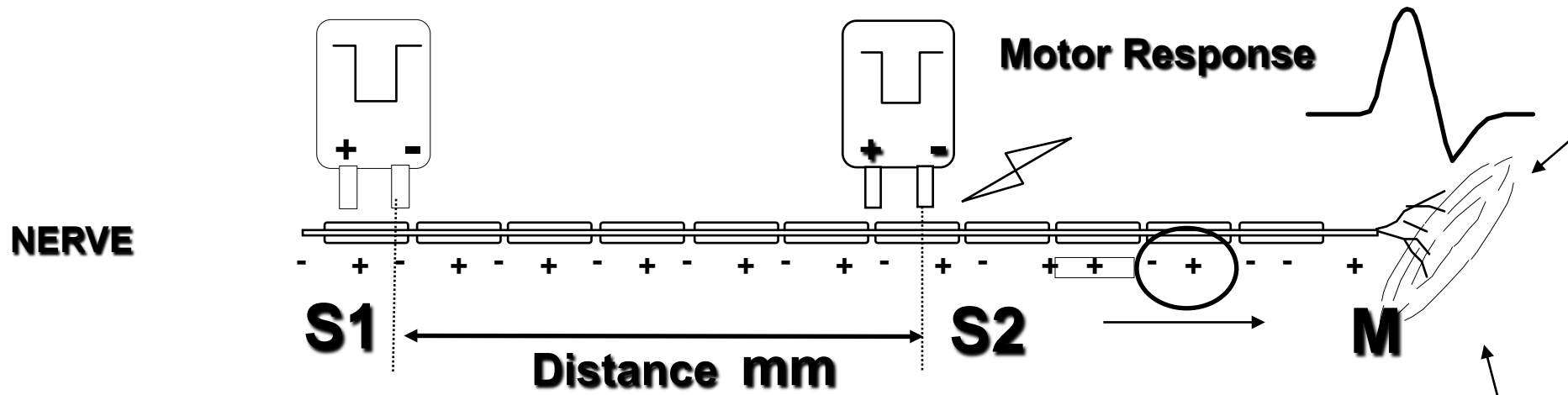
**Propagation by Successive Depolarizations  
Followed by Repolarization**  
*Time before repolarization is called  
Refractory Period*



# Motor Latency



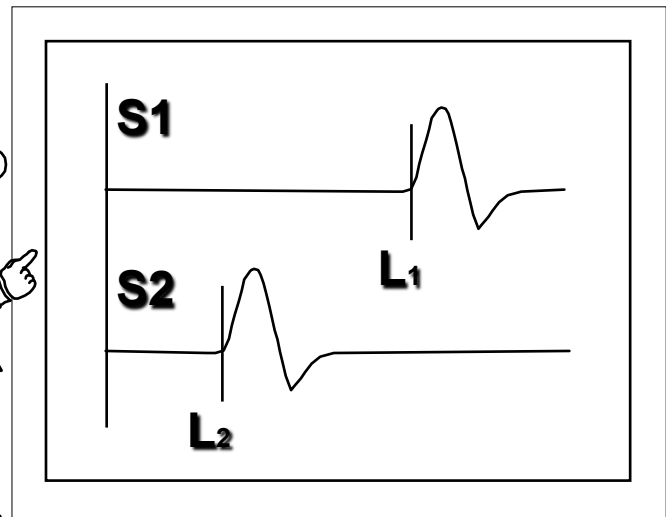
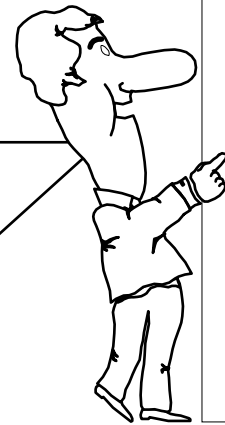
# Conduction Velocity



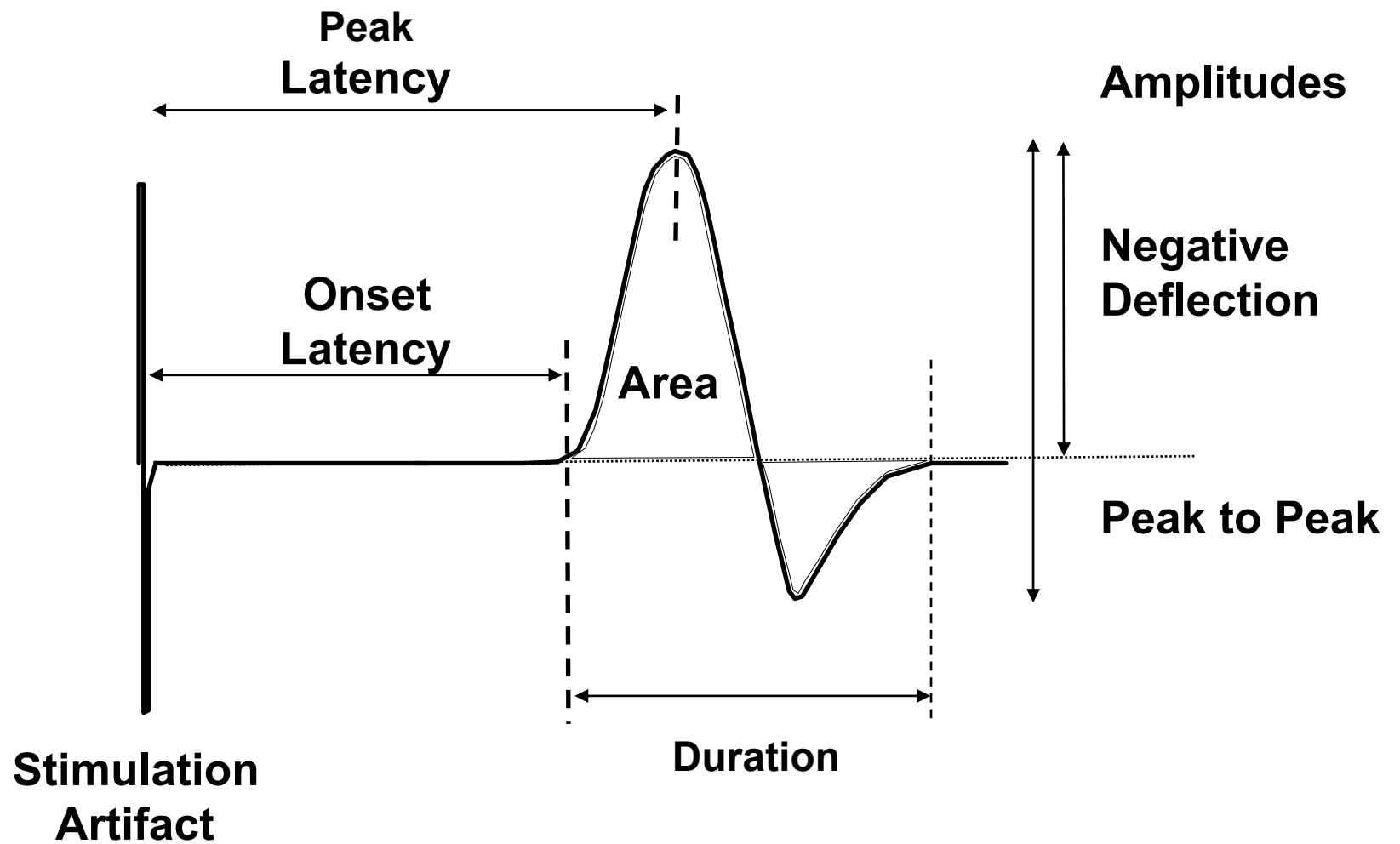
**VELOCITY in m/s**

$$\frac{\text{Distance}}{\text{Latency S1} - \text{Latency S2}}$$

**Normal Value : 45 to 65 m/s**  
**Depend. of : Nerve - Age - T°**

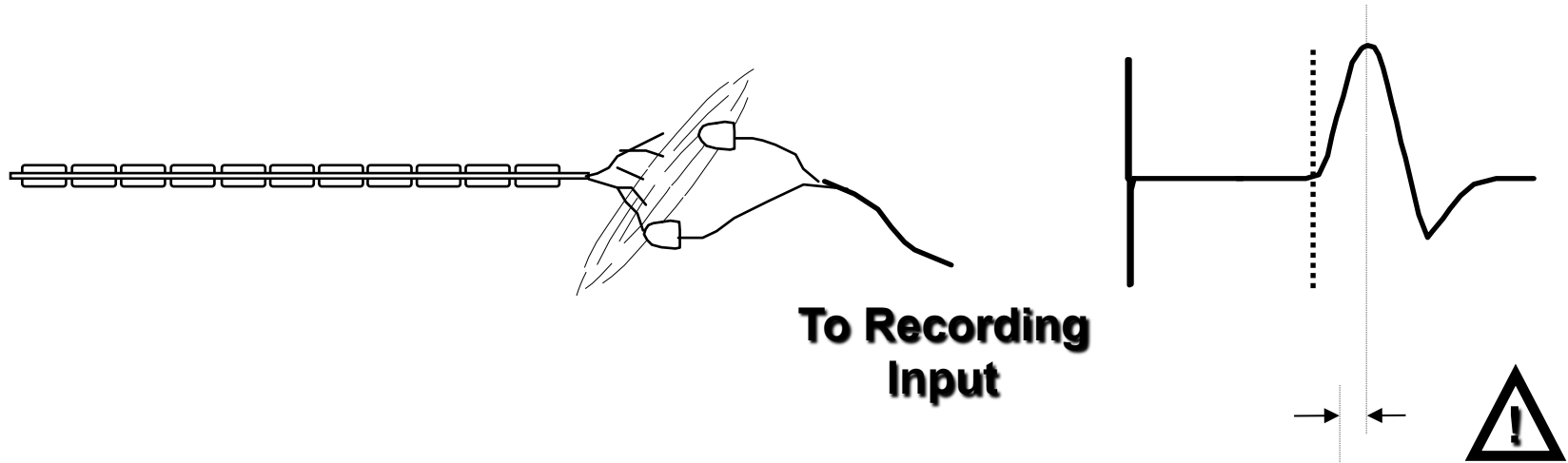


# Motor Response

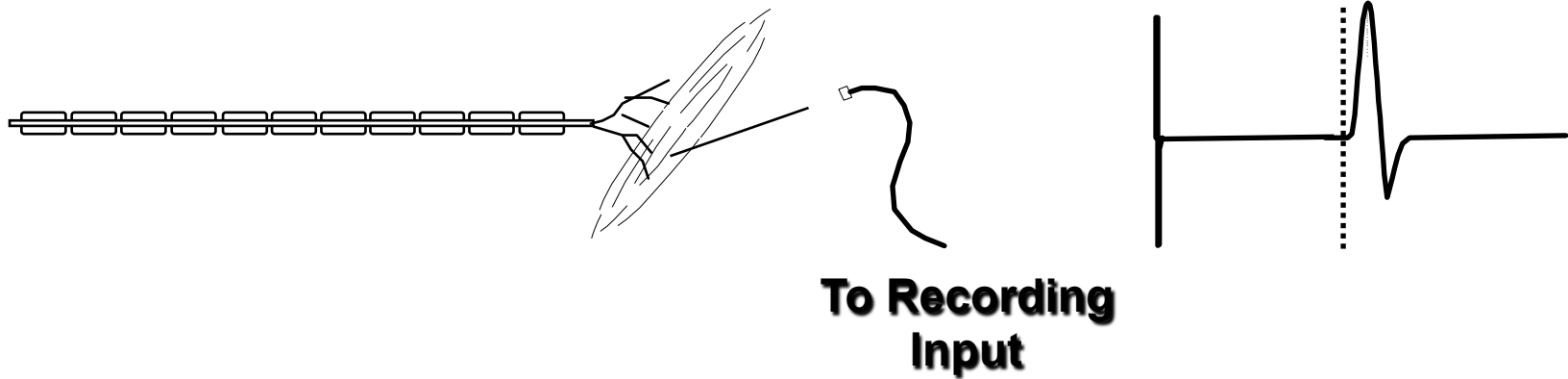


# Recording

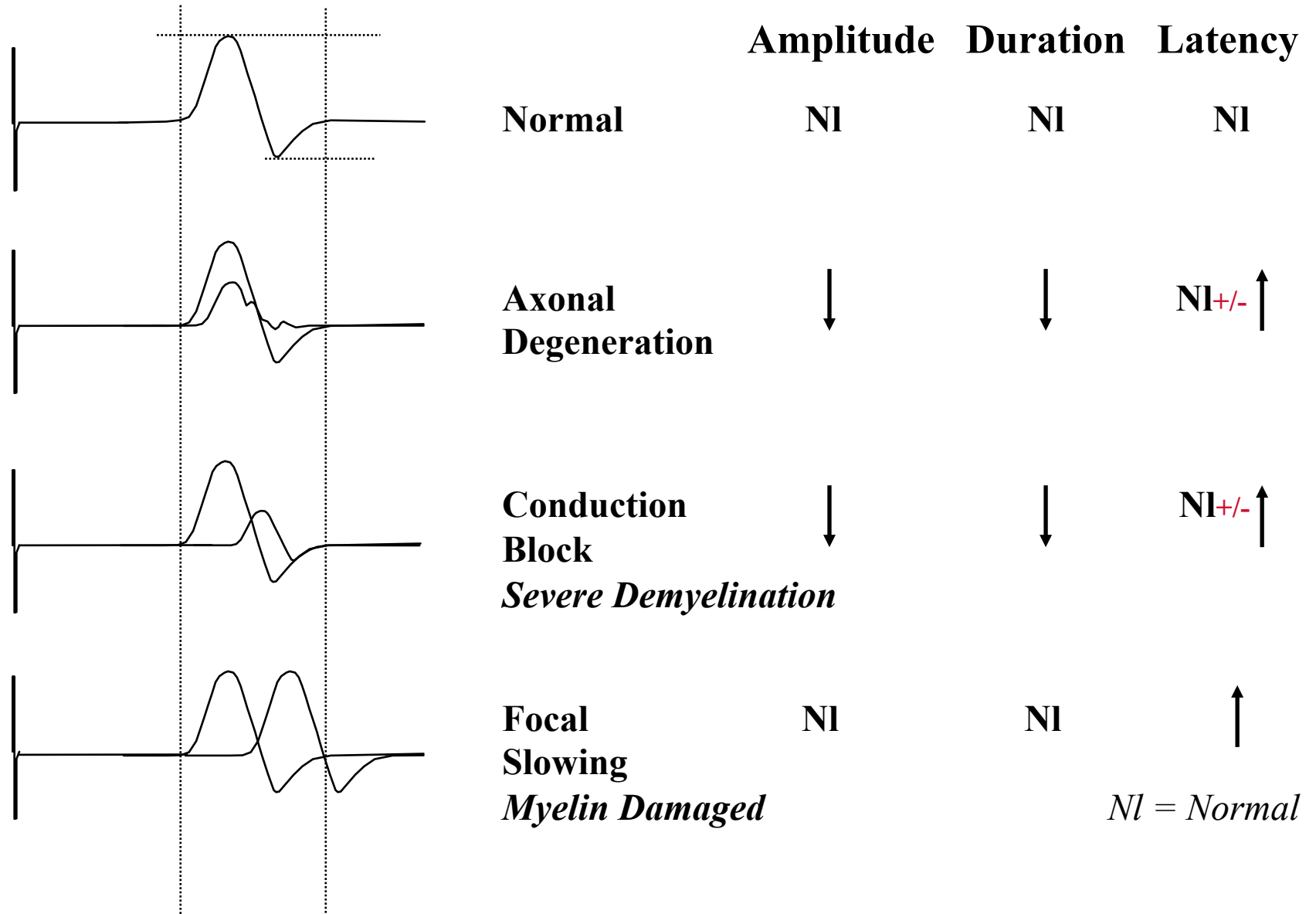
## SURFACE ELECTRODES



## NEEDLE ELECTRODE

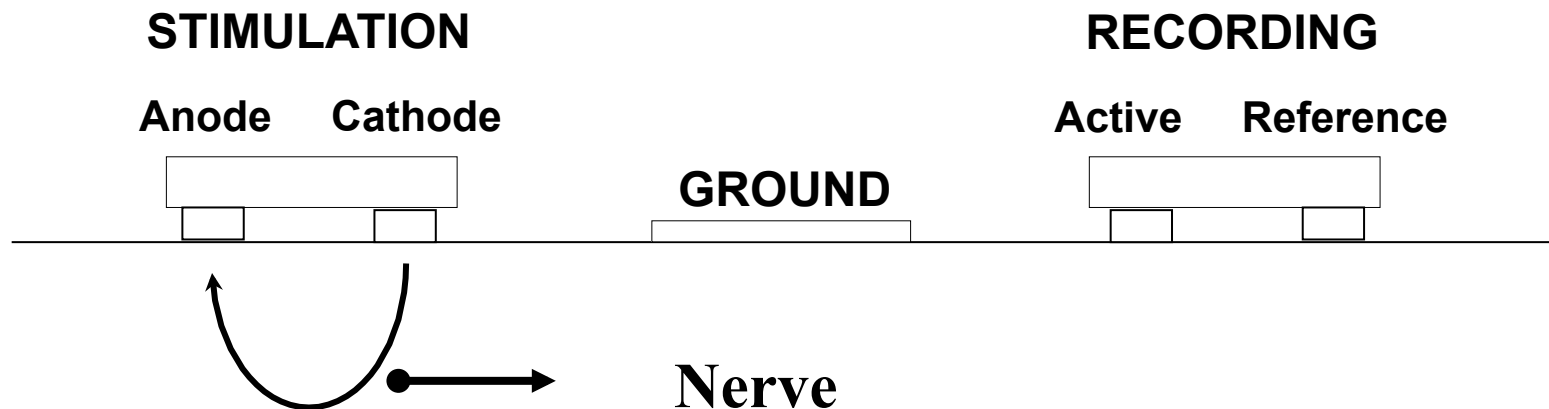


# Pathologic Responses



# Stimulation & Recording *RULE*

**As Possible, Ground must be placed between Stim. & Rec.**



**BLACK TO BLACK**

**Stimulation Polarity : NEGATIVE**

# Motor & Sensory

*General Remarks*

## **MOTOR**

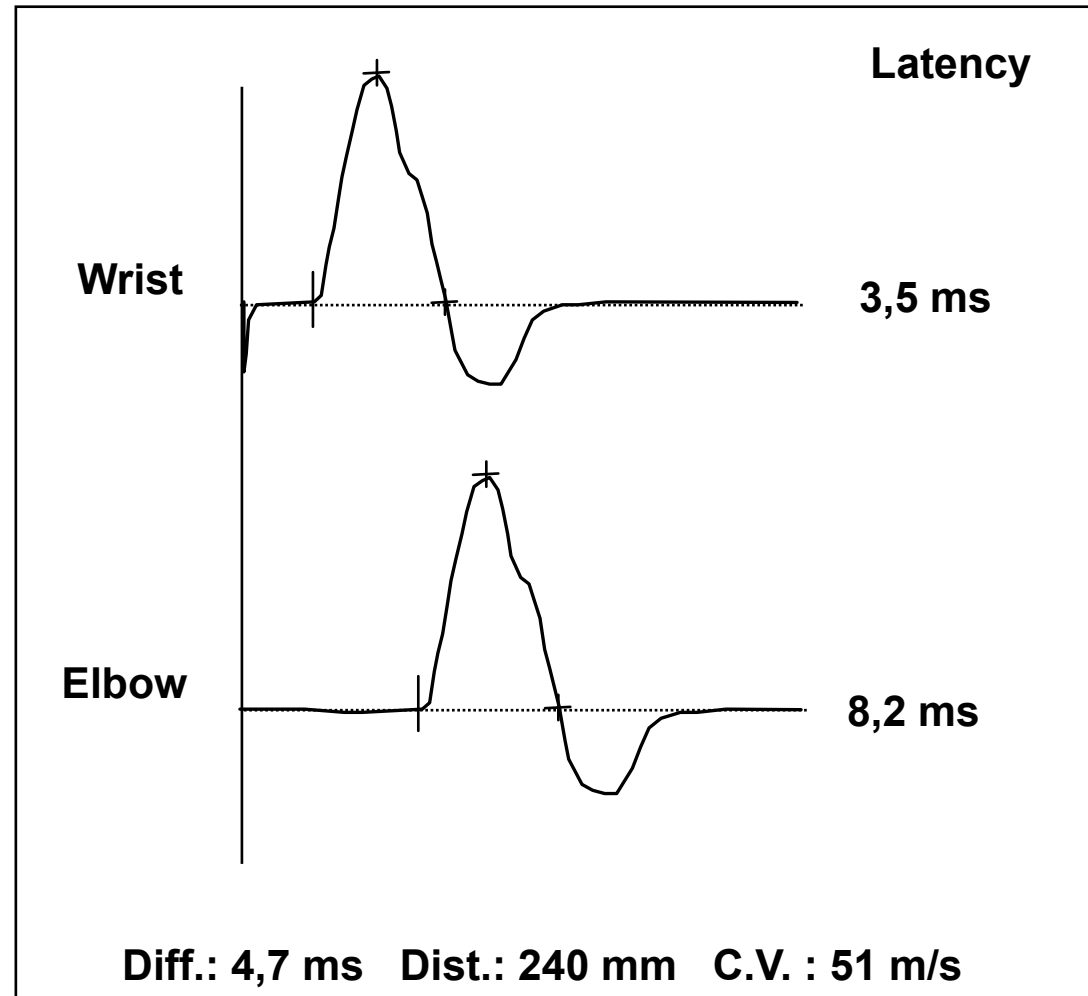
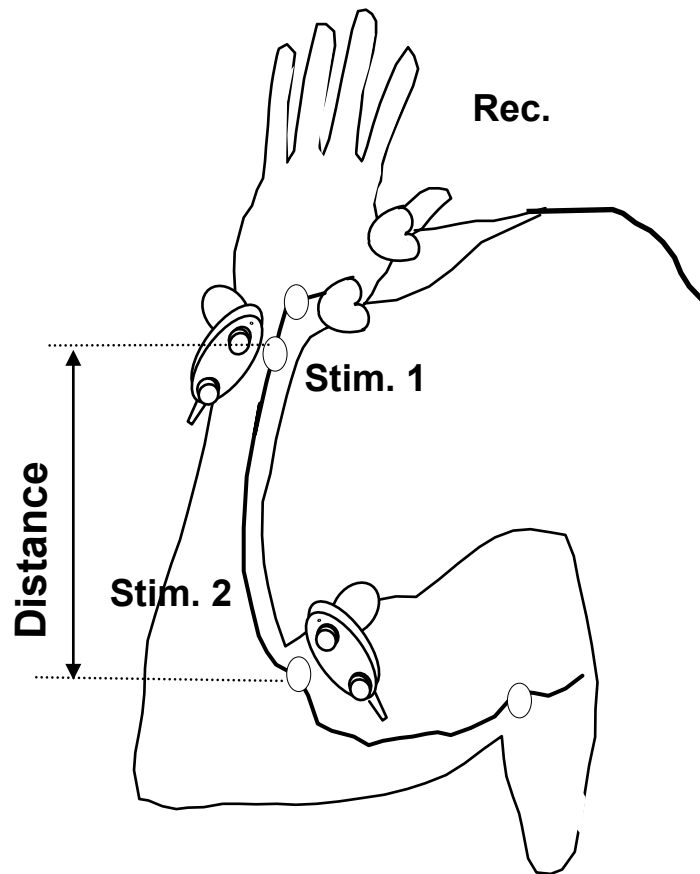
- **Amplitude minimum 1 mV - Direct response**
- **Form normally biphasic**
- **Duration 1 to 3 ms - Latency depend of stimulation site**
- **Stimulation Current depend nerve and site, 15 - 30 mA**

## **SENSORY**

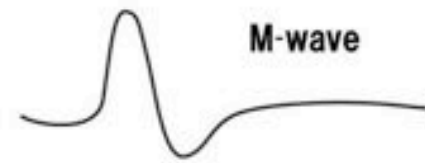
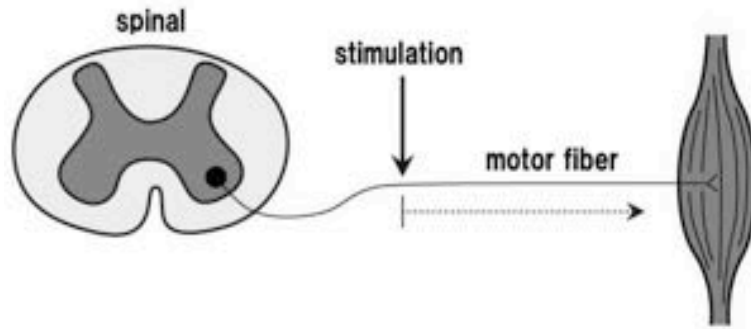
- **Amplitude 5  $\mu$ V to 35  $\mu$ V**
- **Indirect response - Averager needed**
- **Direct response for high amplitude potentials**
- **Form normally biphasic**
- **Duration 1 to 3 ms - Latency depend of stimulation site**
- **Stimulation Current depend nerve and site, 5 - 15 mA**



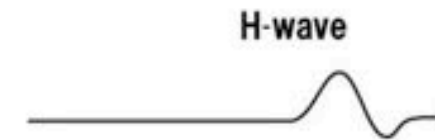
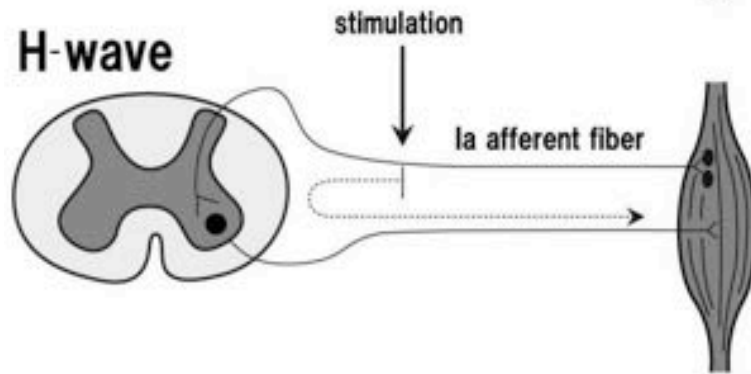
# Motor Conduction *Median Nerve*



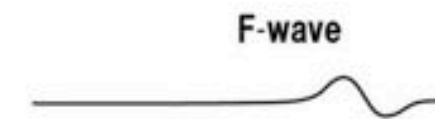
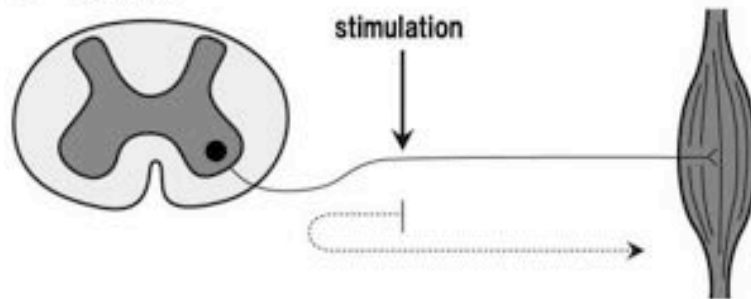
## M-wave



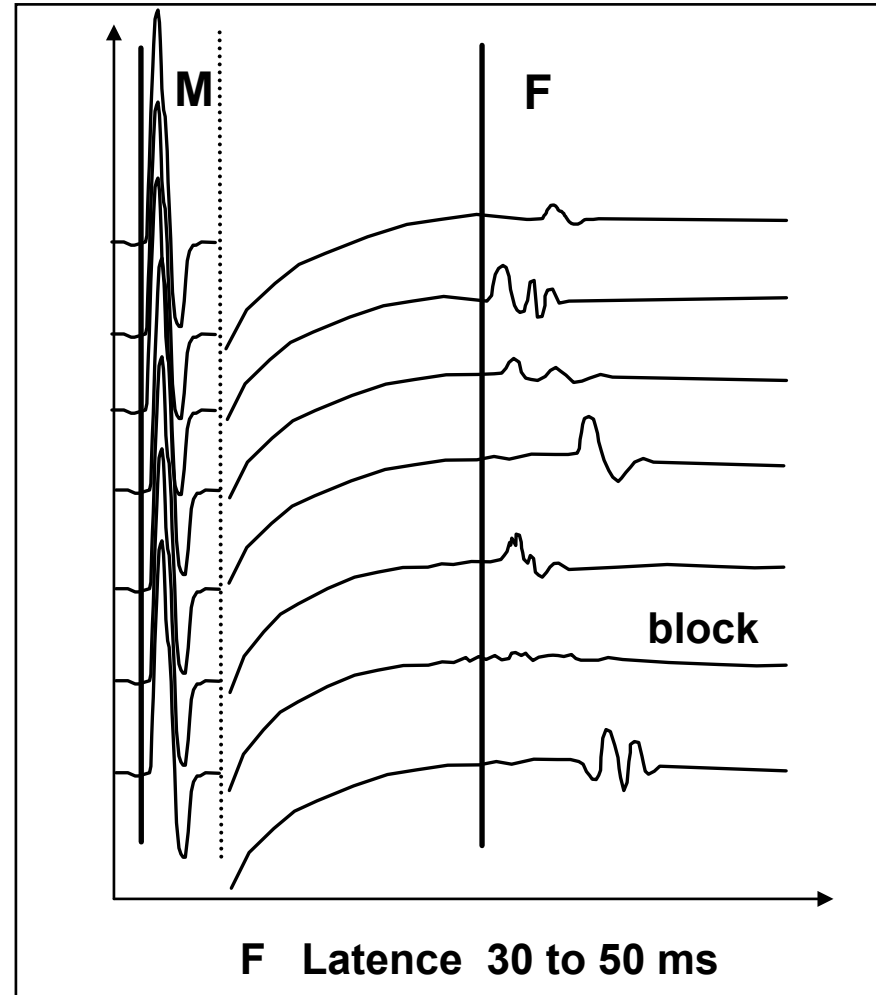
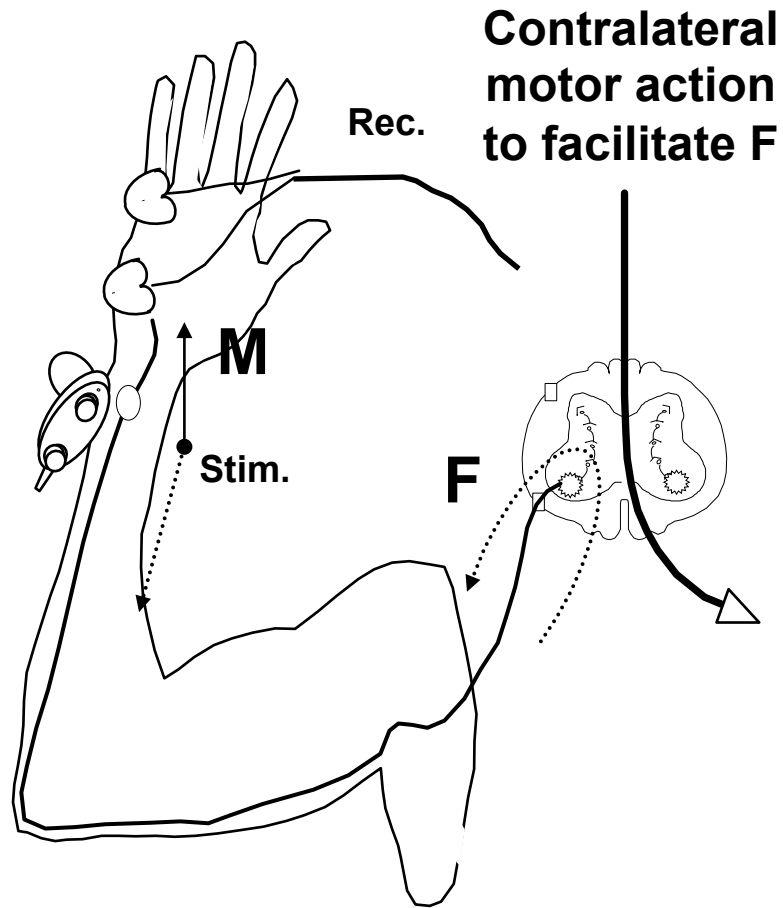
## H-wave



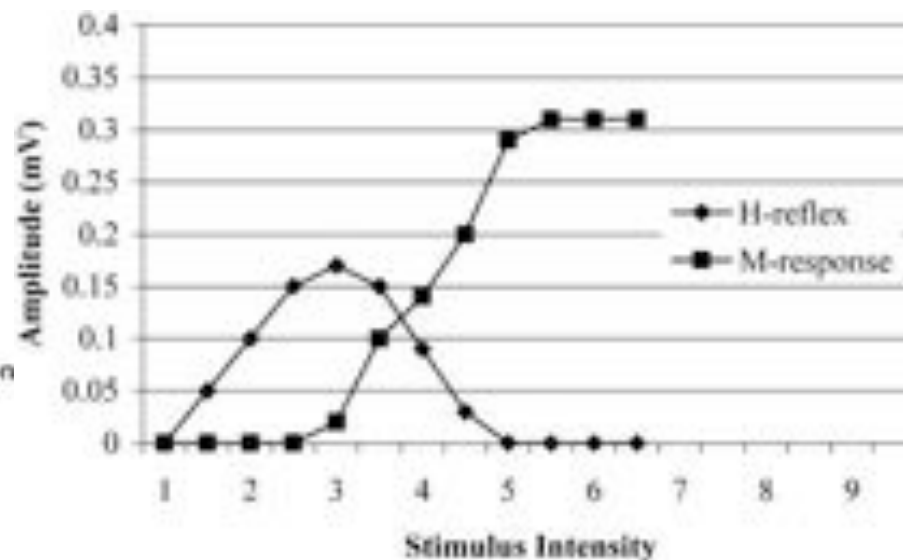
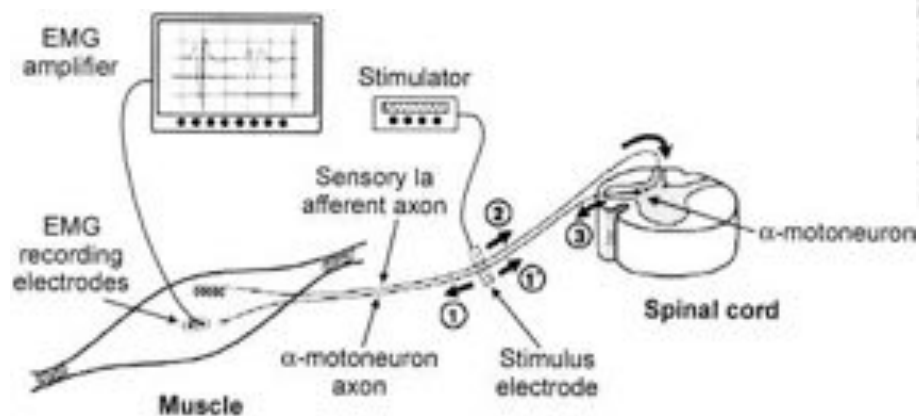
## F-wave



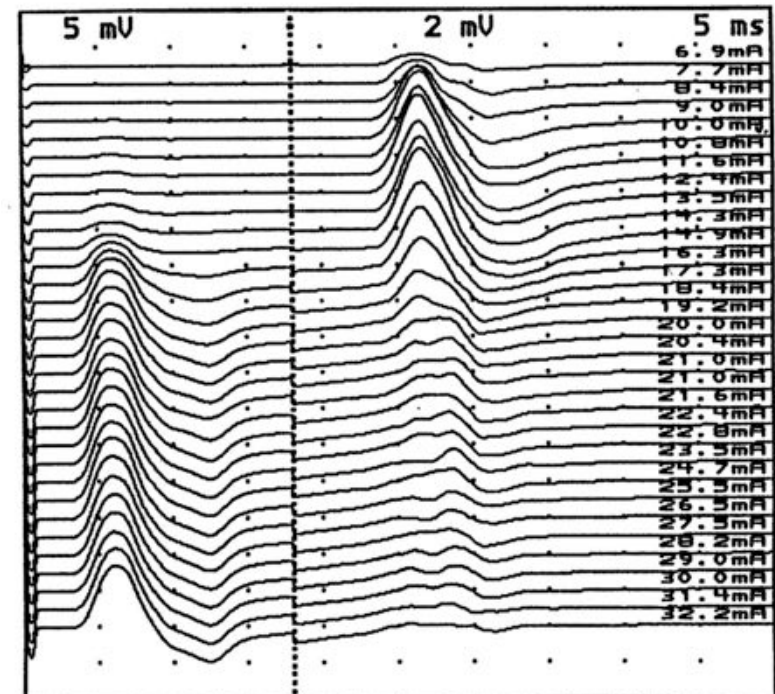
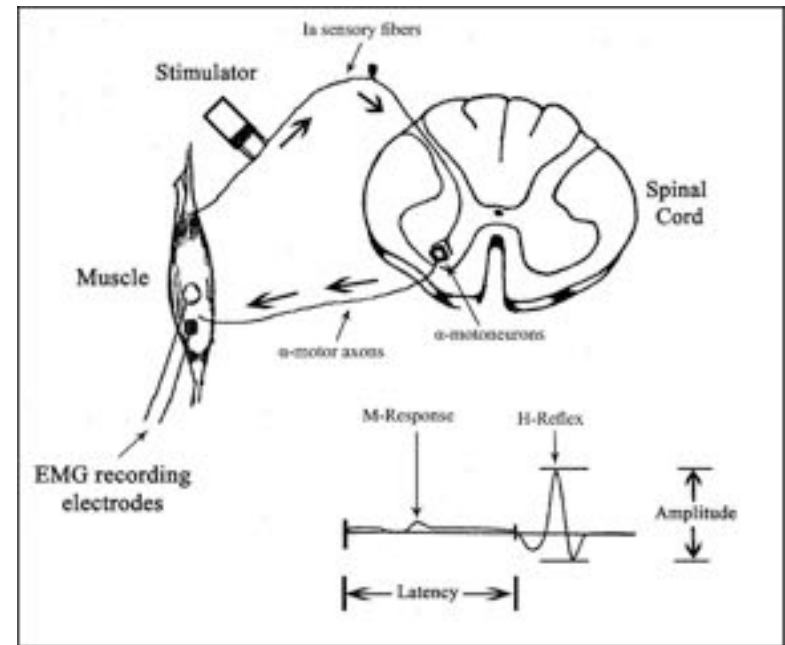
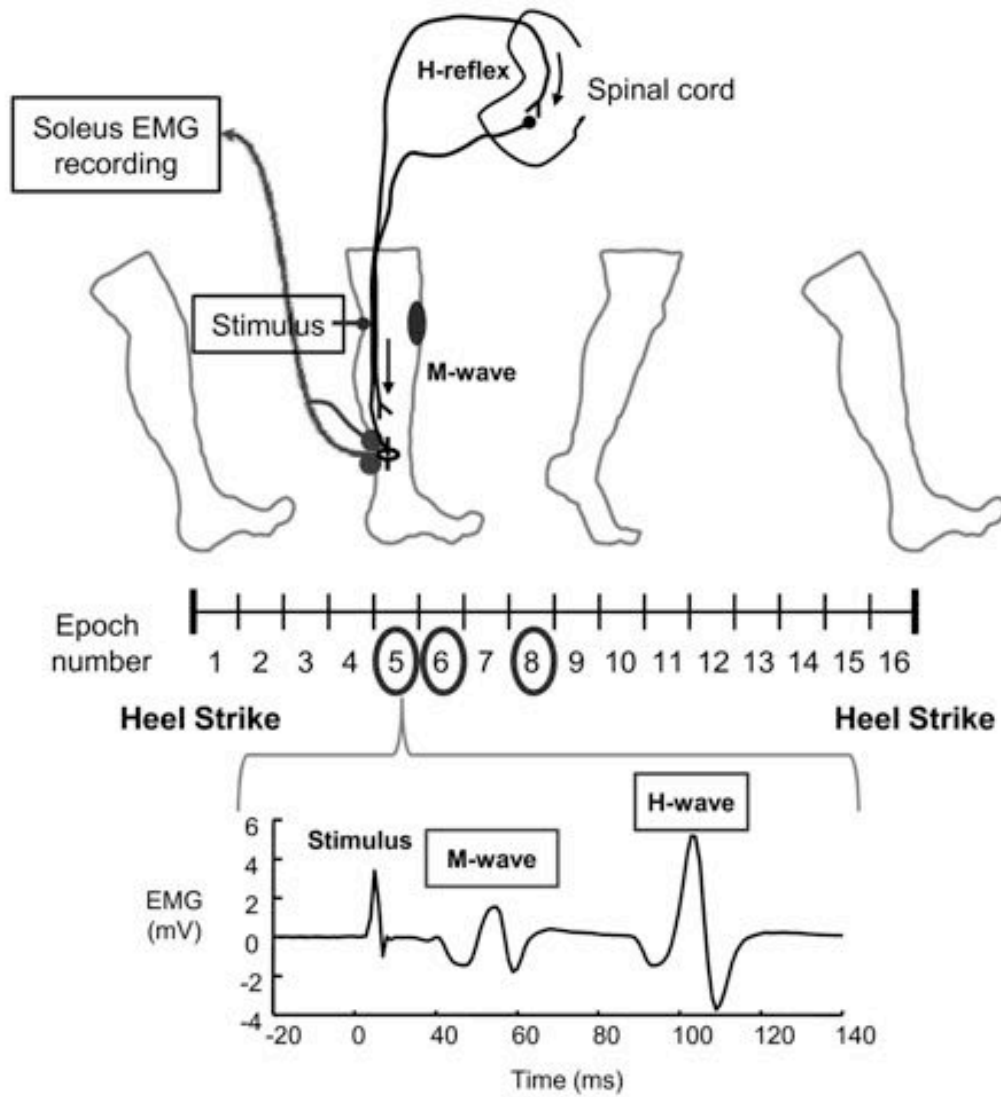
# F-Waves *Ulnaris Nerve*



Originally described by Paul Hoffmann in 1910,<sup>1</sup> and later given his name,<sup>2</sup> the Hoffmann reflex (H-reflex) is an electrically induced reflex analogous to the mechanically induced spinal stretch reflex. The primary difference between the H-reflex and the spinal stretch reflex is that the H-reflex bypasses the muscle spindle<sup>3</sup> and, therefore, is a valuable tool in assessing modulation of monosynaptic reflex activity in the spinal cord. The H-reflex is an estimate of alpha motoneuron ( $\alpha$ MN) excitability when presynaptic inhibition<sup>4</sup> and intrinsic excitability<sup>5</sup> of the  $\alpha$ MNs remain constant. This measurement can be used to assess the response of the nervous system to various neurologic conditions,<sup>6,7</sup> musculoskeletal injuries,<sup>8-14</sup> application of therapeutic modalities,<sup>15-17</sup> pain,<sup>18</sup> exercise training,<sup>19-22</sup> and performance of motor tasks.<sup>5,23-26</sup>



Recruitment curve. The stimulus intensity is set at 0 and gradually increased until maximum Hoffmann reflex amplitude and maximum muscle response amplitude are achieved.



## Hmax/Mmax ratio

Although there is considerable variability of HM ratio, soleus HM ratio is normally less than 0.7 (Delwaide, 1984).

## Ratio of maximum H reflex to maximum M response as a measure of spasticity

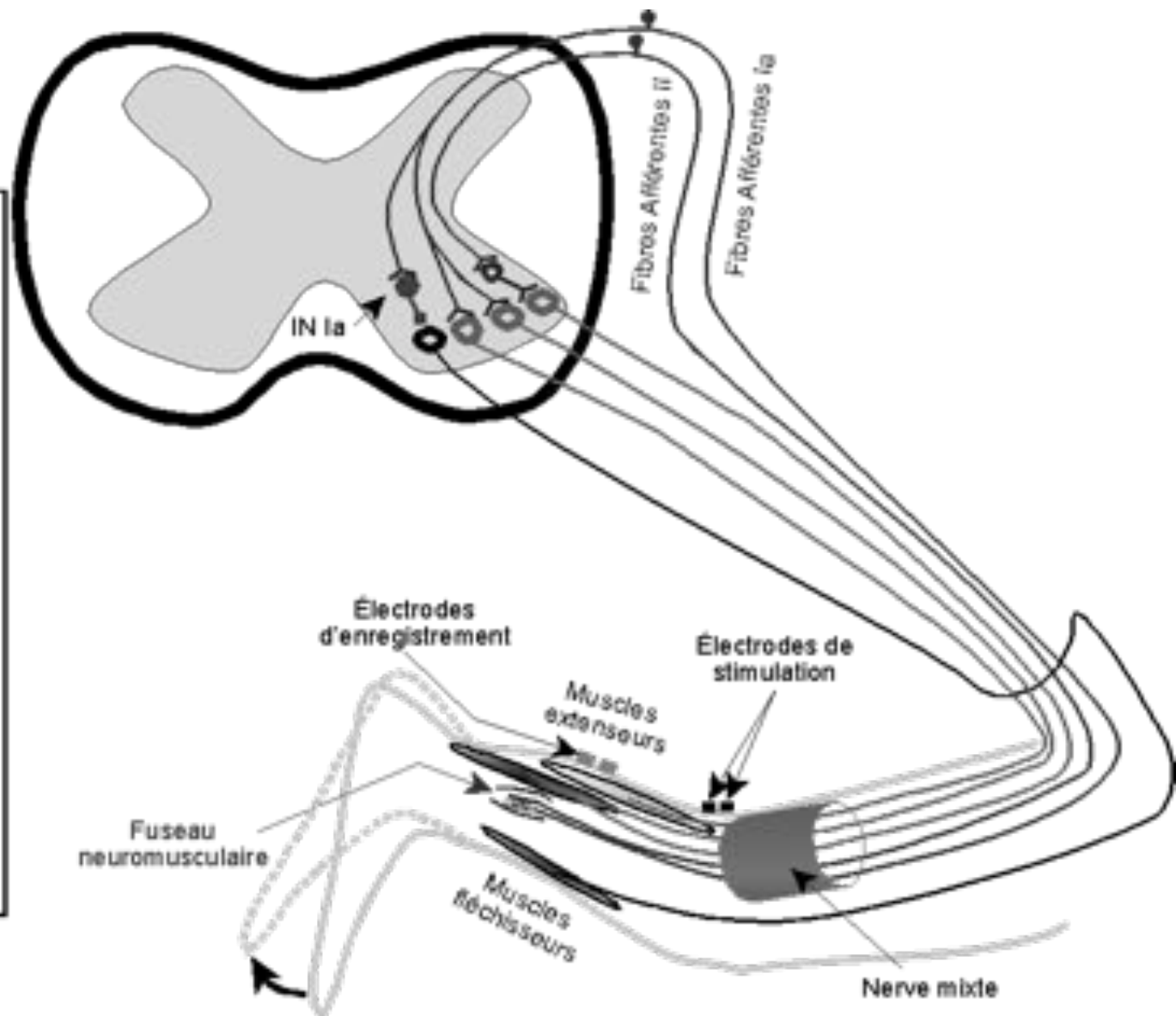
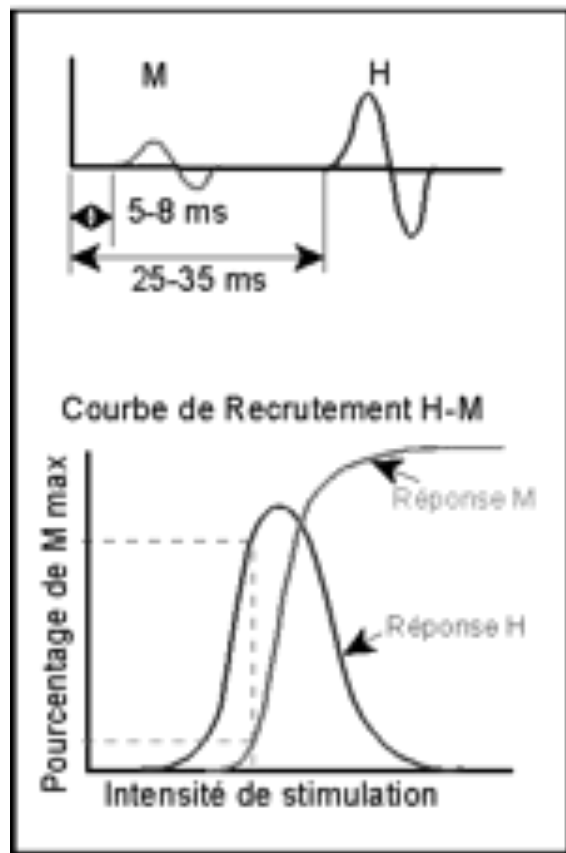
W. B. MATTHEWS

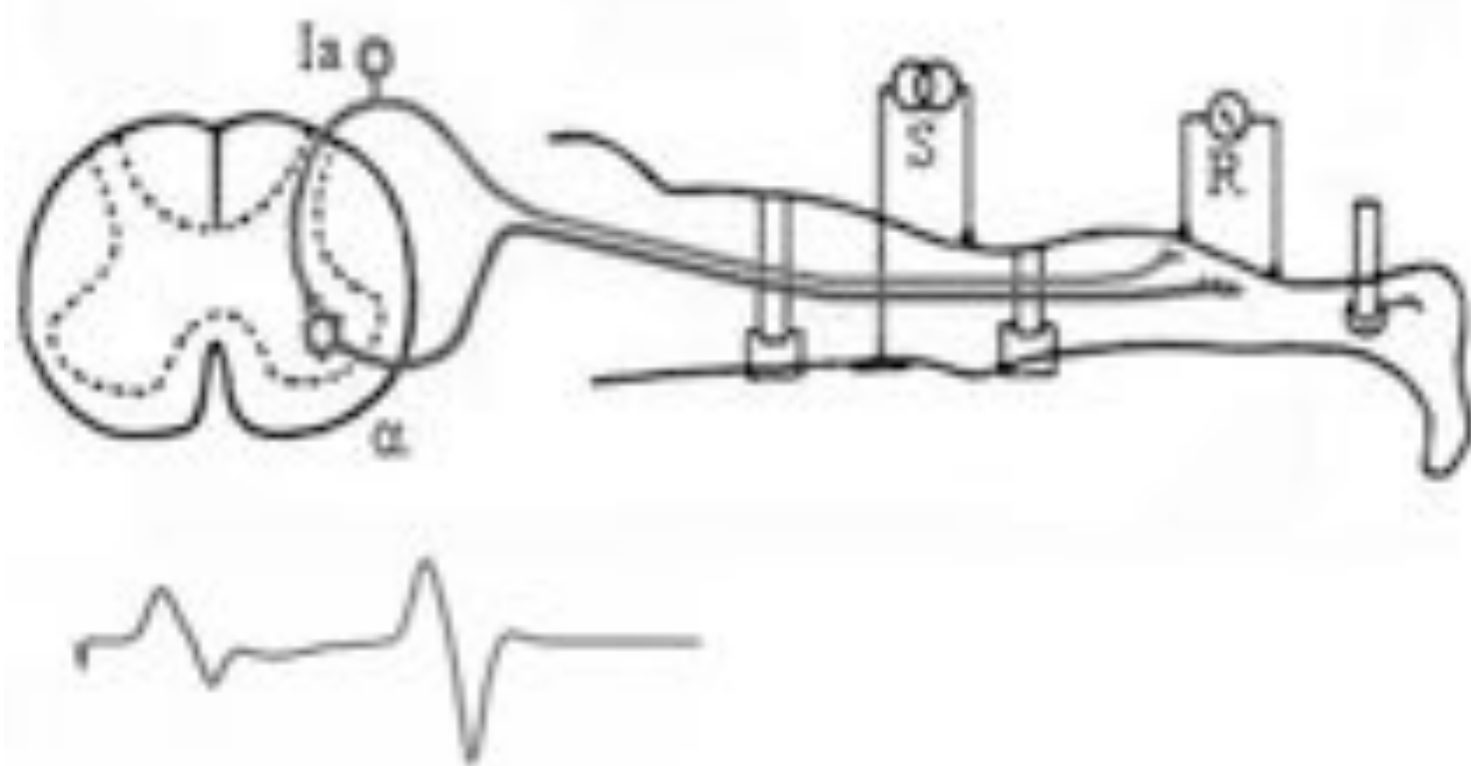
*From the Derbyshire Royal Infirmary*

TABLE I

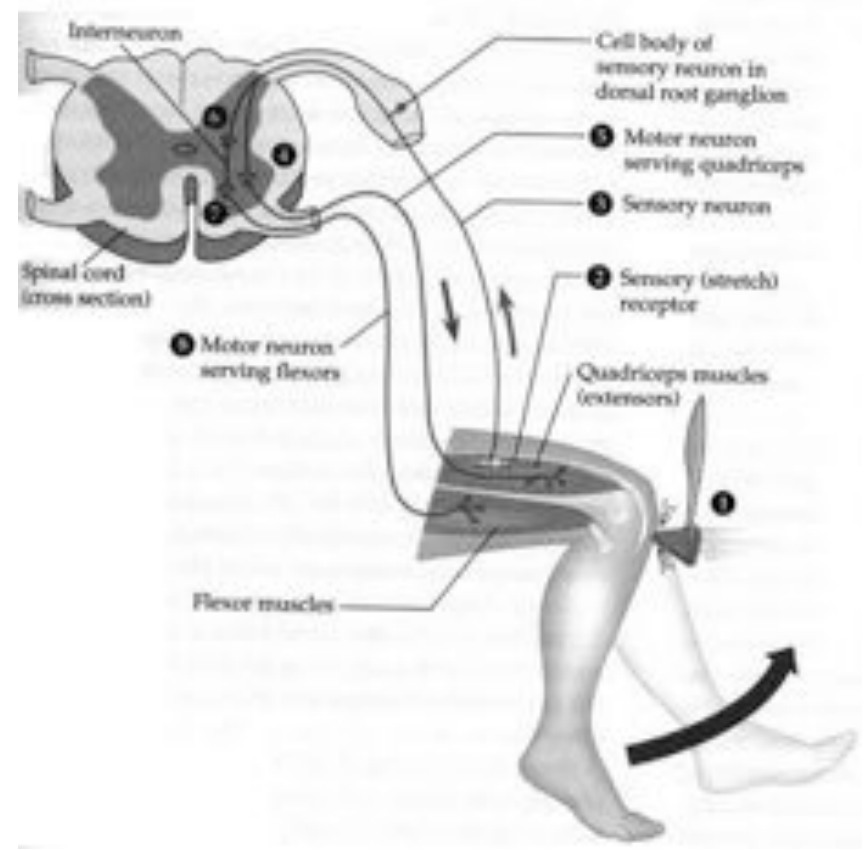
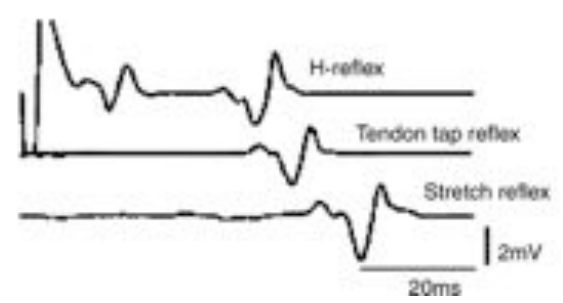
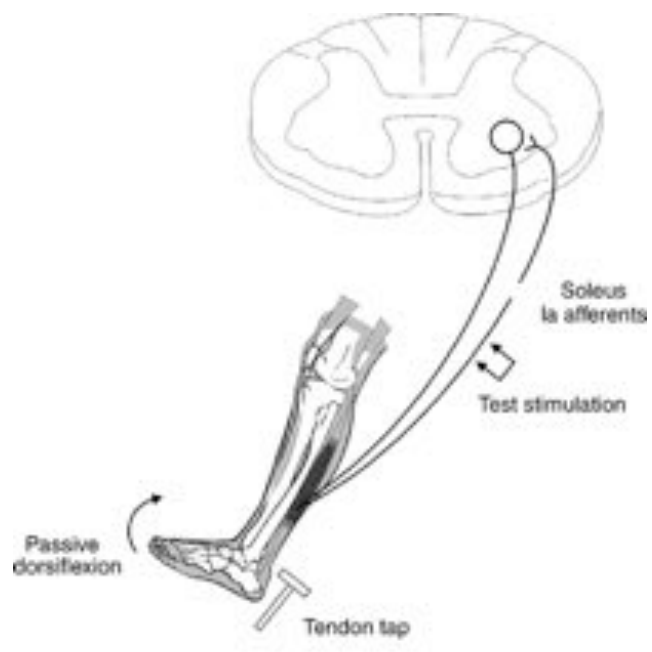
H/M RATIO BEFORE AND AFTER REDUCTION OF SPASTICITY  
BY THE INTRAVENOUS INJECTION OF CHLORPROTHIAZINE  
OR DIAZEPAM

Drug	Before	After
Chlorprothiazine	0.39	0.17
Chlorprothiazine	0.47	0.41
Chlorprothiazine	0.36	0.36
Chlorprothiazine	0.67	0.67
Diazepam	0.26	0.16
Diazepam	0.32	0.27
Diazepam	0.22	0.22
Diazepam	0.37	0.32
Diazepam	0.24	0.24
Diazepam	0.19	0.17
Mean	0.33	0.20

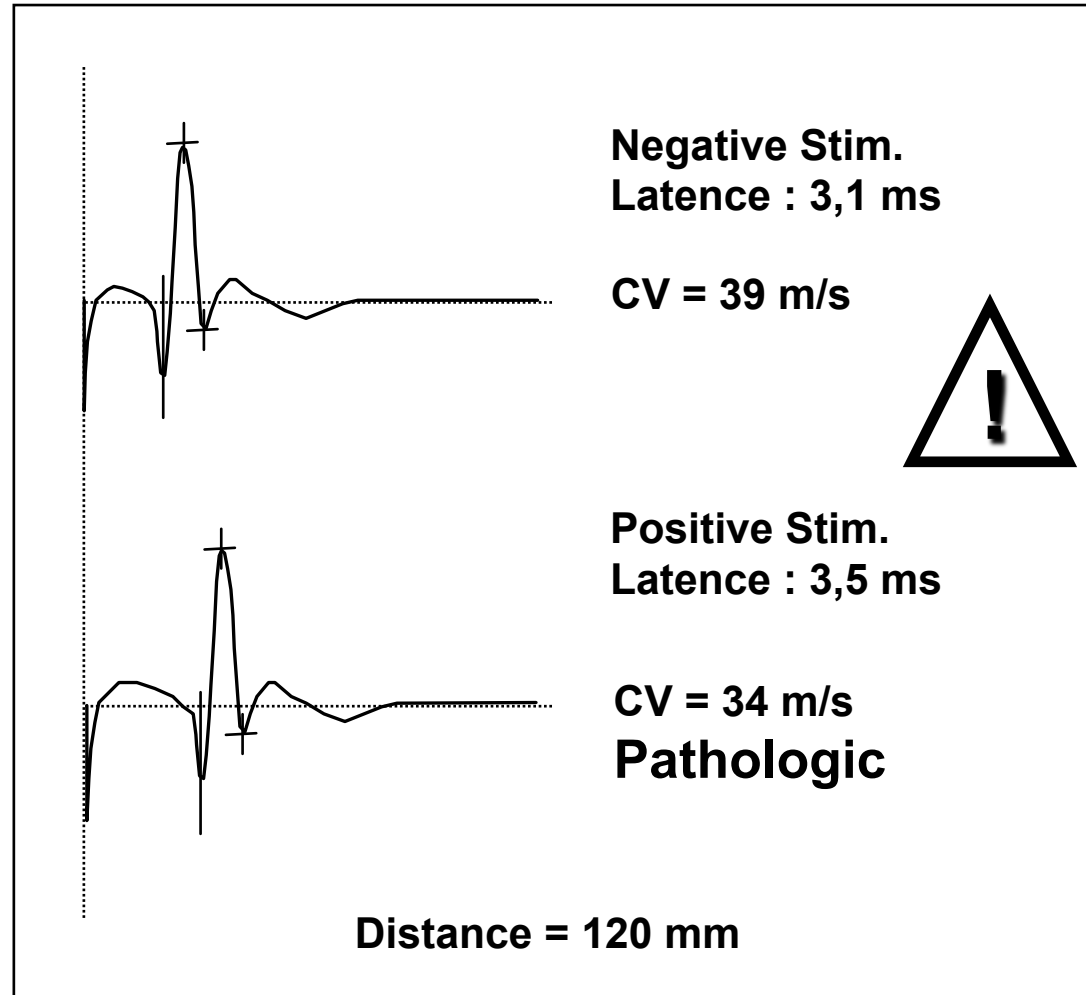
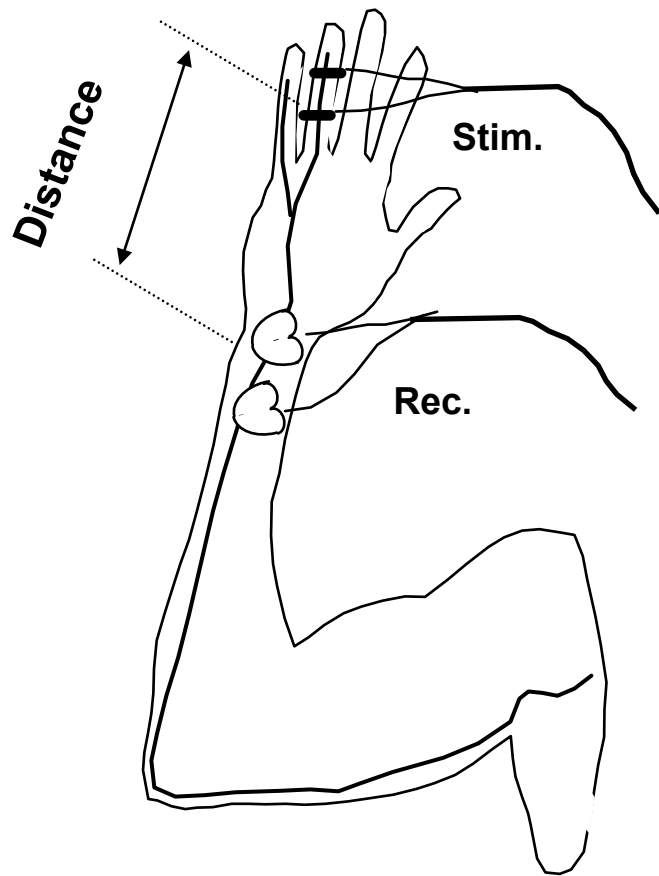








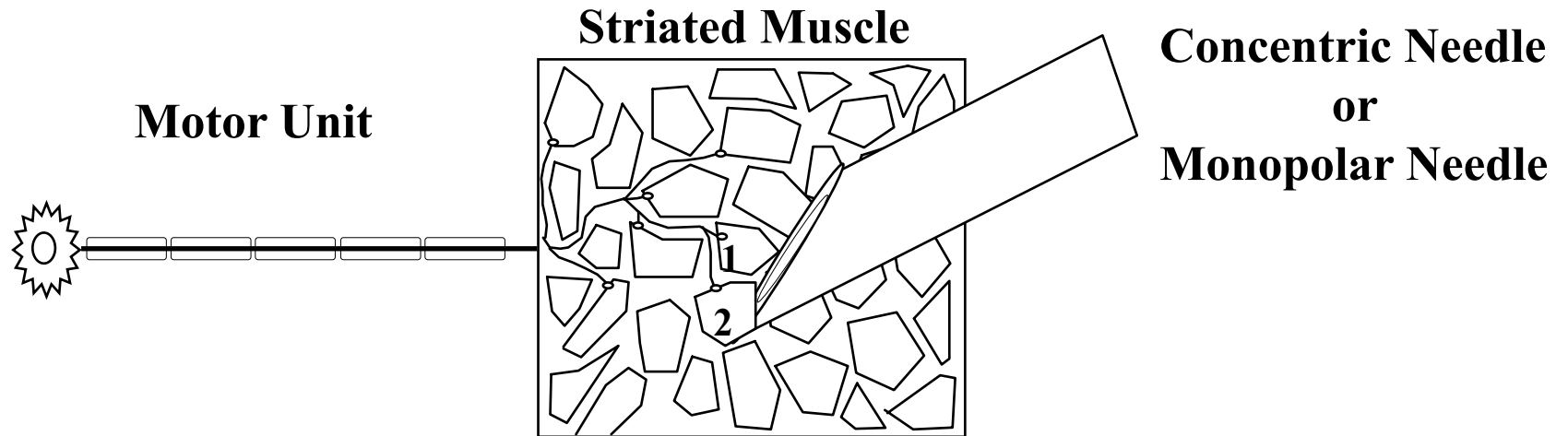
# Sensory Conduction *Ulnaris Nerve*



# **ELECTROMYOGRAPHY**

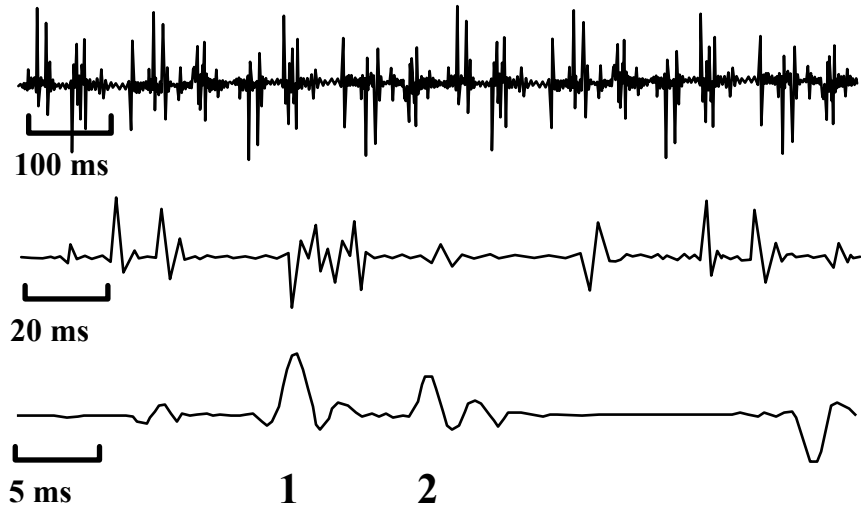
**EMG - T/A - MUP - DECREMENT - SFU - MACRO**

# Electromyography



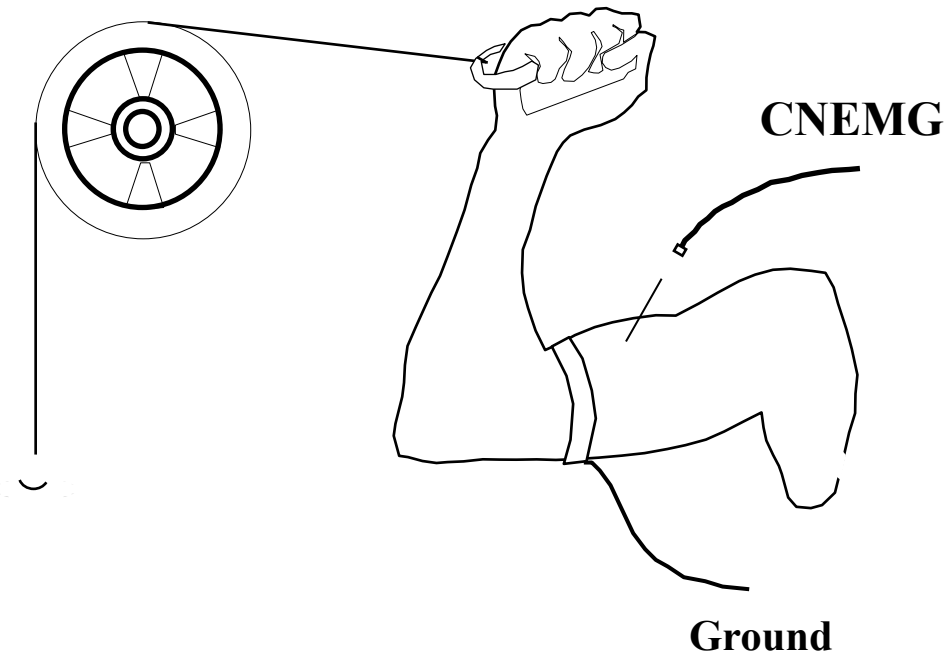
**Recruitment EMG**

**Motor Unit Potentials  
(1) and (2)**

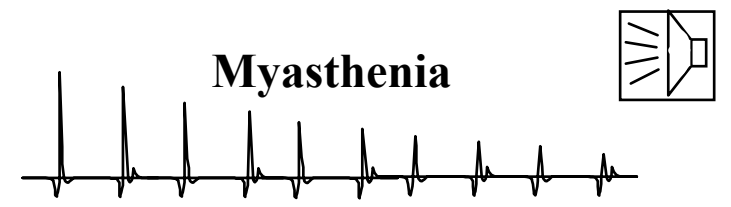
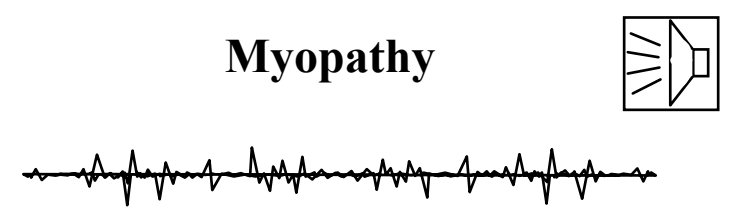
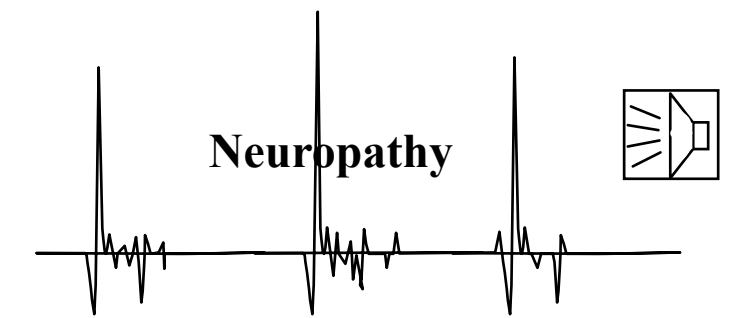
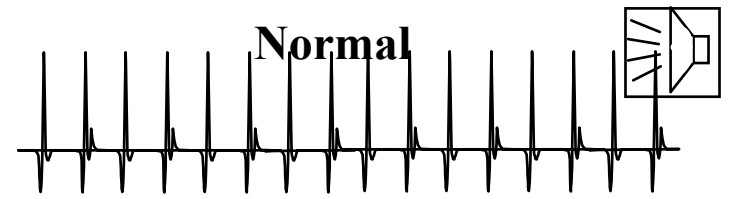


# Pathologies in Muscle

Same Effort, Same Muscle,  
Different Pathologies

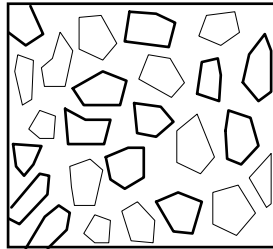


STOP

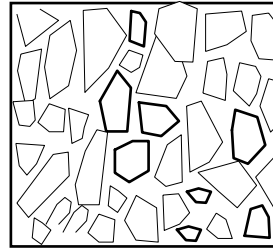


# Neuropathy - Reinnervation

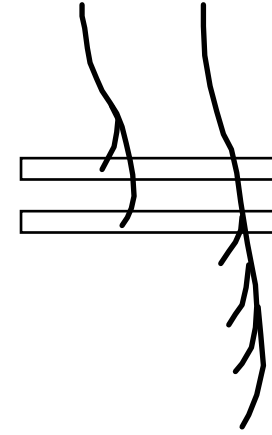
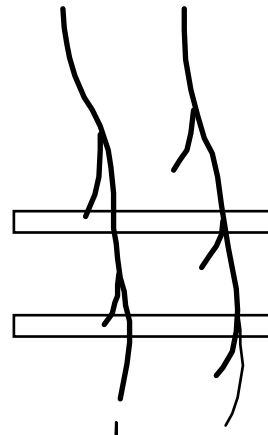
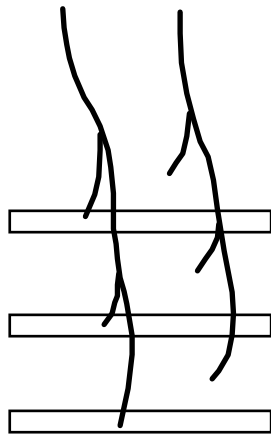
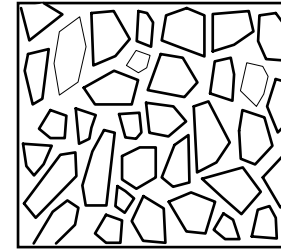
**Normal**



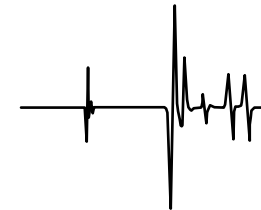
**Neuropathy**



**Reinnervation**

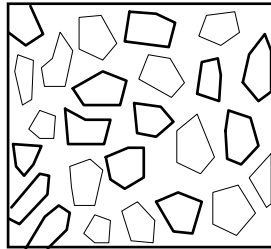


**cn EMG**

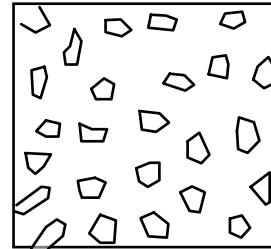


# Myopathy

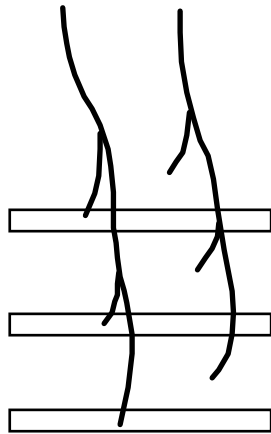
**Normal**



**Myopathy**

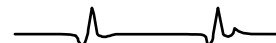


**Cells Degeneration**  
**Smaller Fibers**  
**More Tissue**



**Motor Conduction :**  
**Latency OK**  
**Low Amplitude**

**cn EMG**



**Duchenne Myopathy**

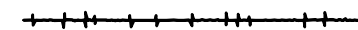
# Pathologies ( Classification )

## CENTRAL WEAKNESS

Spinal Cord - Brain



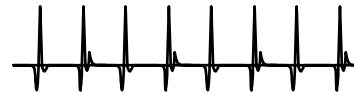
Pron. Myopathy



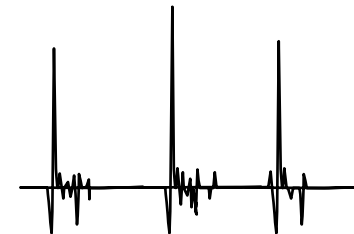
Complete Denerv.

**MYOPATHY**  
Muscle Fibers

++



**NORMAL**



**NEUROPATHY**  
Axon - Myelin or both

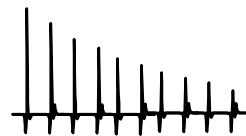


+

Loss of MU

Partial Denerv.

Mod. Neuro.



**MYASTHENY**  
Neuromuscular Junction



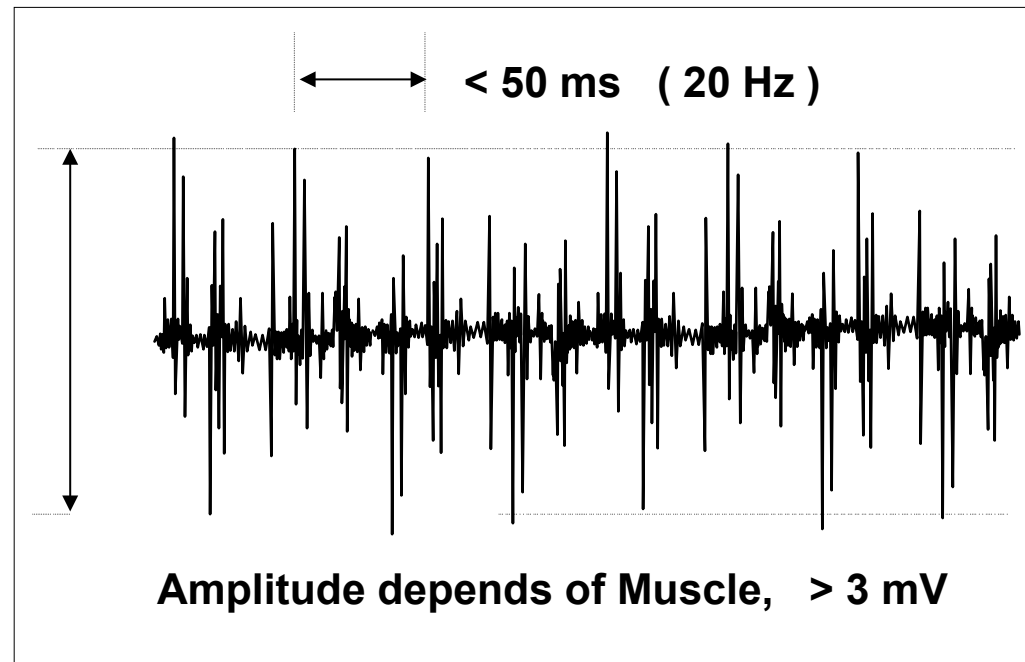
# EMG - Recruitment

STOP

## EMG Needles :

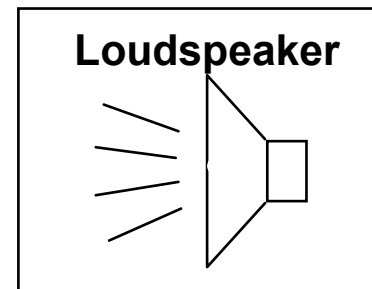
- Disposable Concentric
- Disposable Monopolar

## MAXIMUM EFFORT



## Auditory control of :

- Resting Silence
- Focused in the muscle
- Frequency Firing



# Motor Unit Potential (MUP)

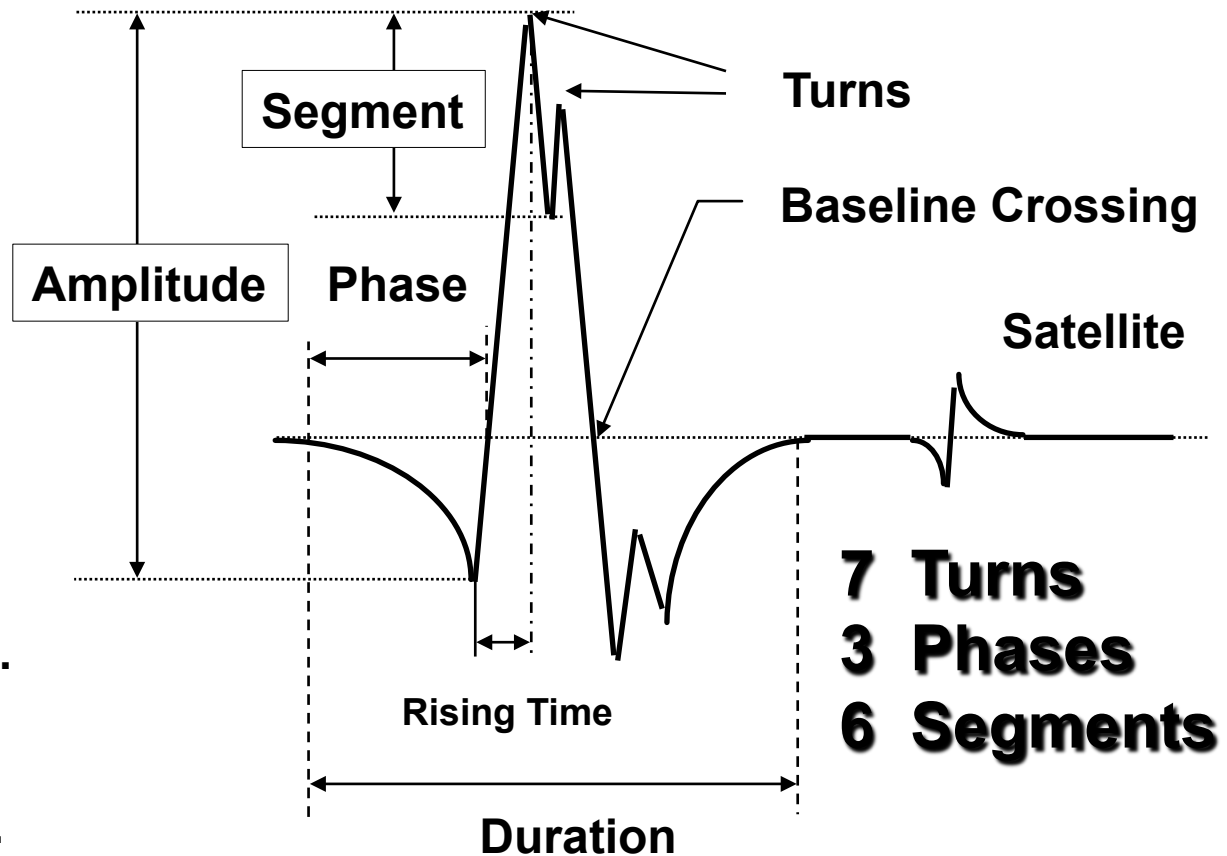
Single Potential, Phases  $\leq 3$

Polyphasic Potential, Phases  $> 3$



Group of Muscle Fibers  
generate MUPs.

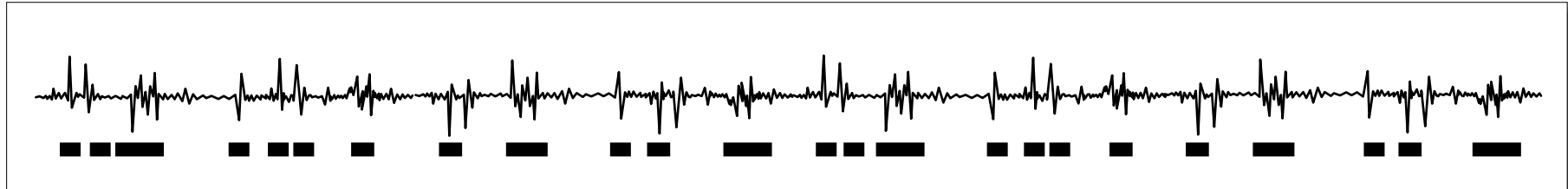
Different Fibers  
different MUPs.



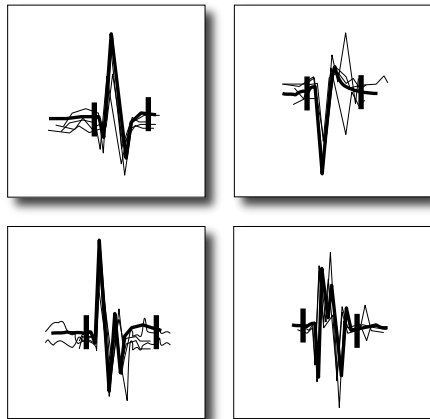
**7 Turns**  
**3 Phases**  
**6 Segments**

# MUP Analysis

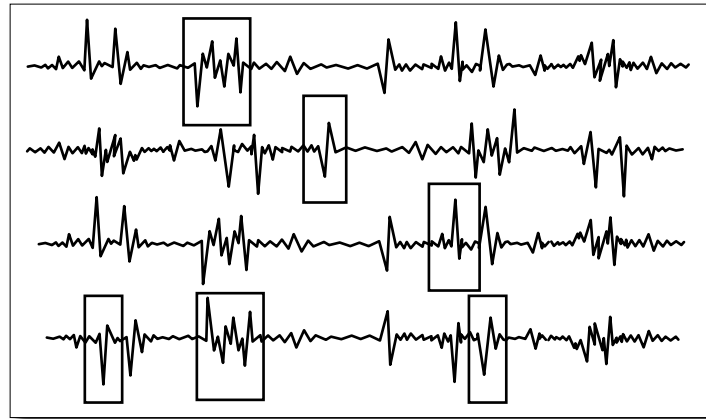
STOP



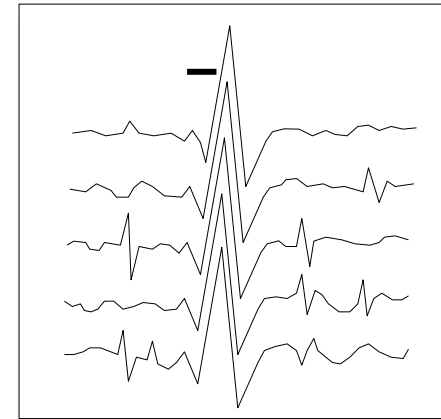
Multi-MUP - Averaging



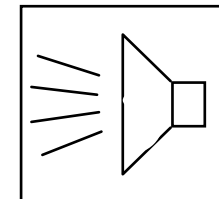
Manual Selection



Single - Triggering

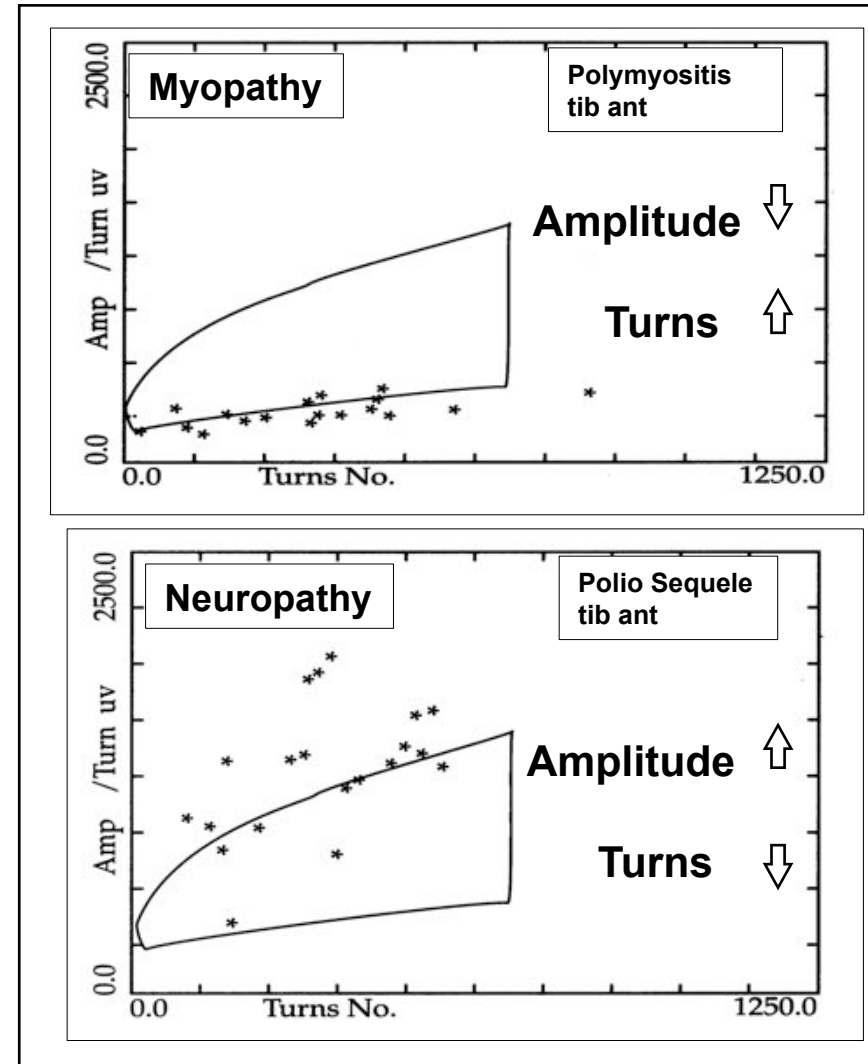
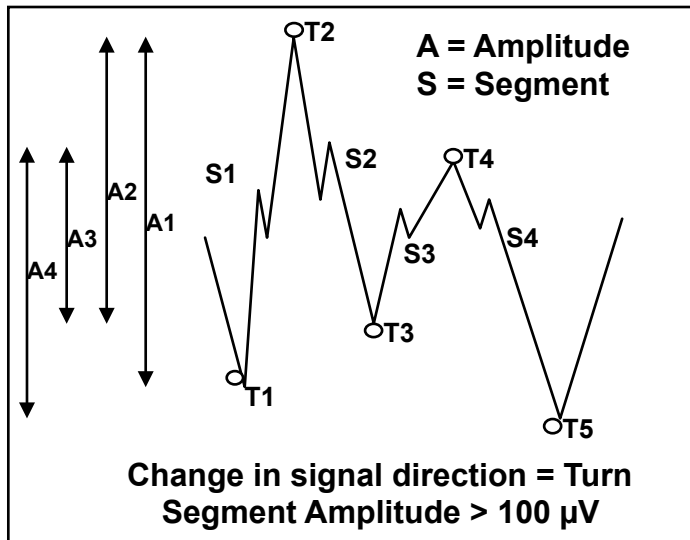


- Moderate Contraction
- Simple/Polyphasic Potentials Ratio
- Amplitude
- Duration



# Turns/Amplitude

- 1 seconde EMG signal
- Concentric or Monopolar Needle
- Few sites in same muscle
- 20 measurments at diff. force
- Number of Turns  $> 100 \mu\text{V}$
- Mean Amplitude of Turns



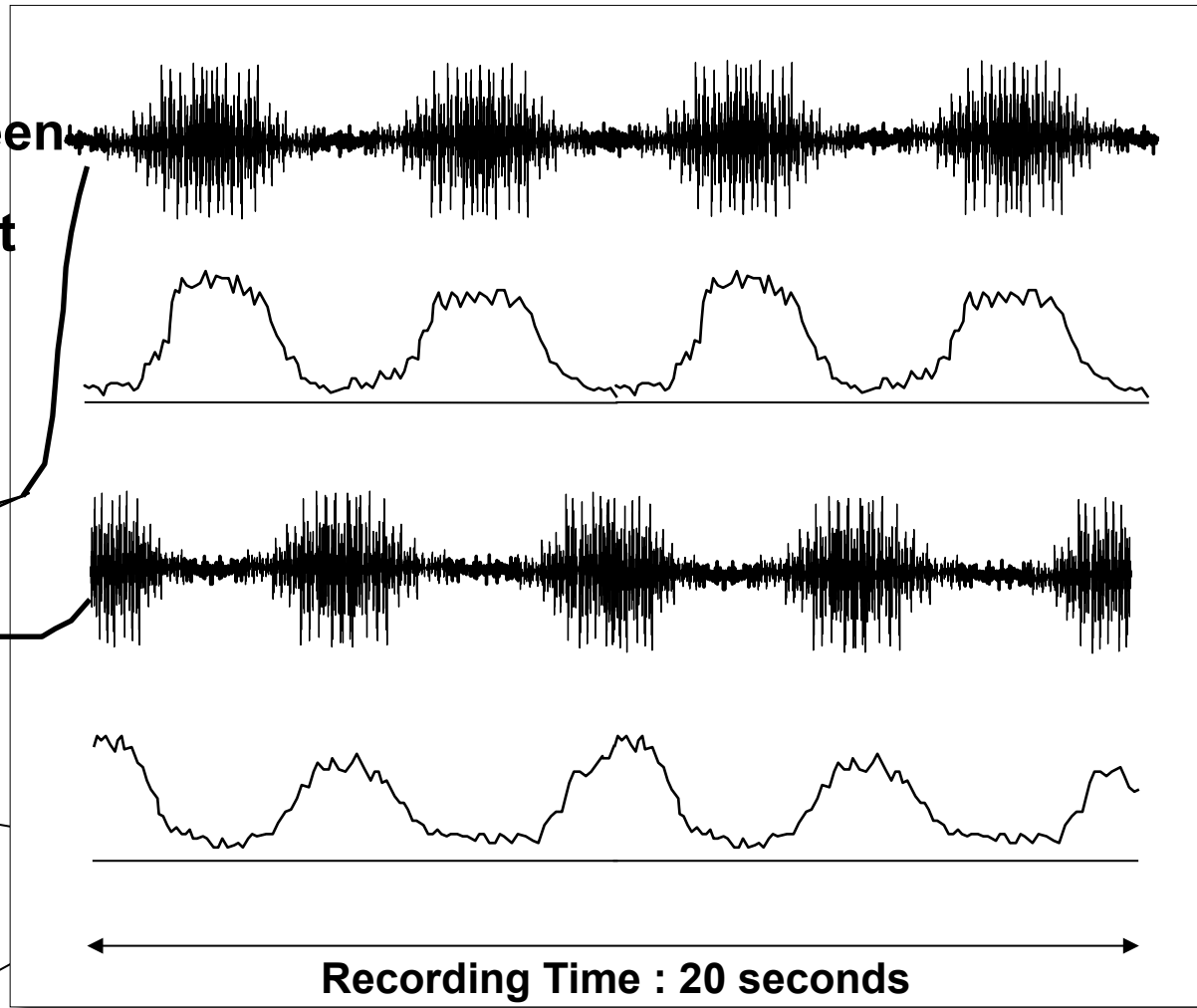
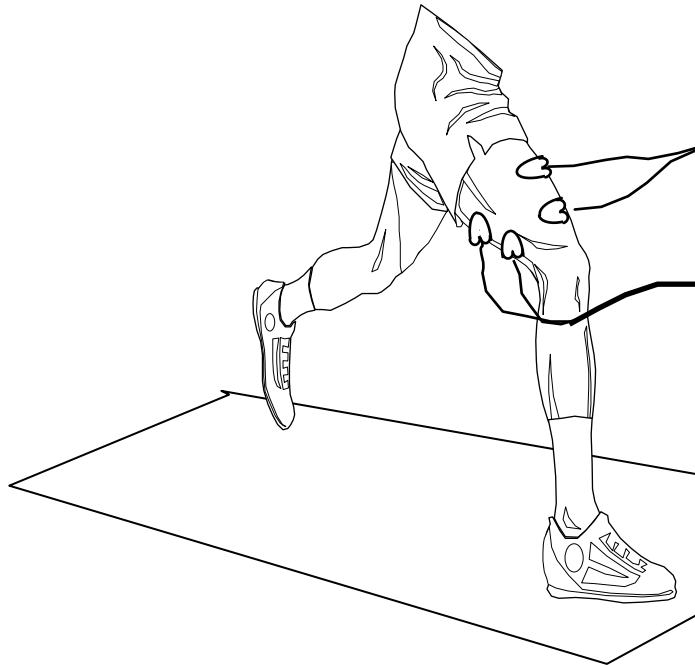
# Multi-Channel EMG Oscilloscope Program

## Walking Studies

Synchronization between

Agonist & Antagonist

Muscles



Recording Time : 20 seconds

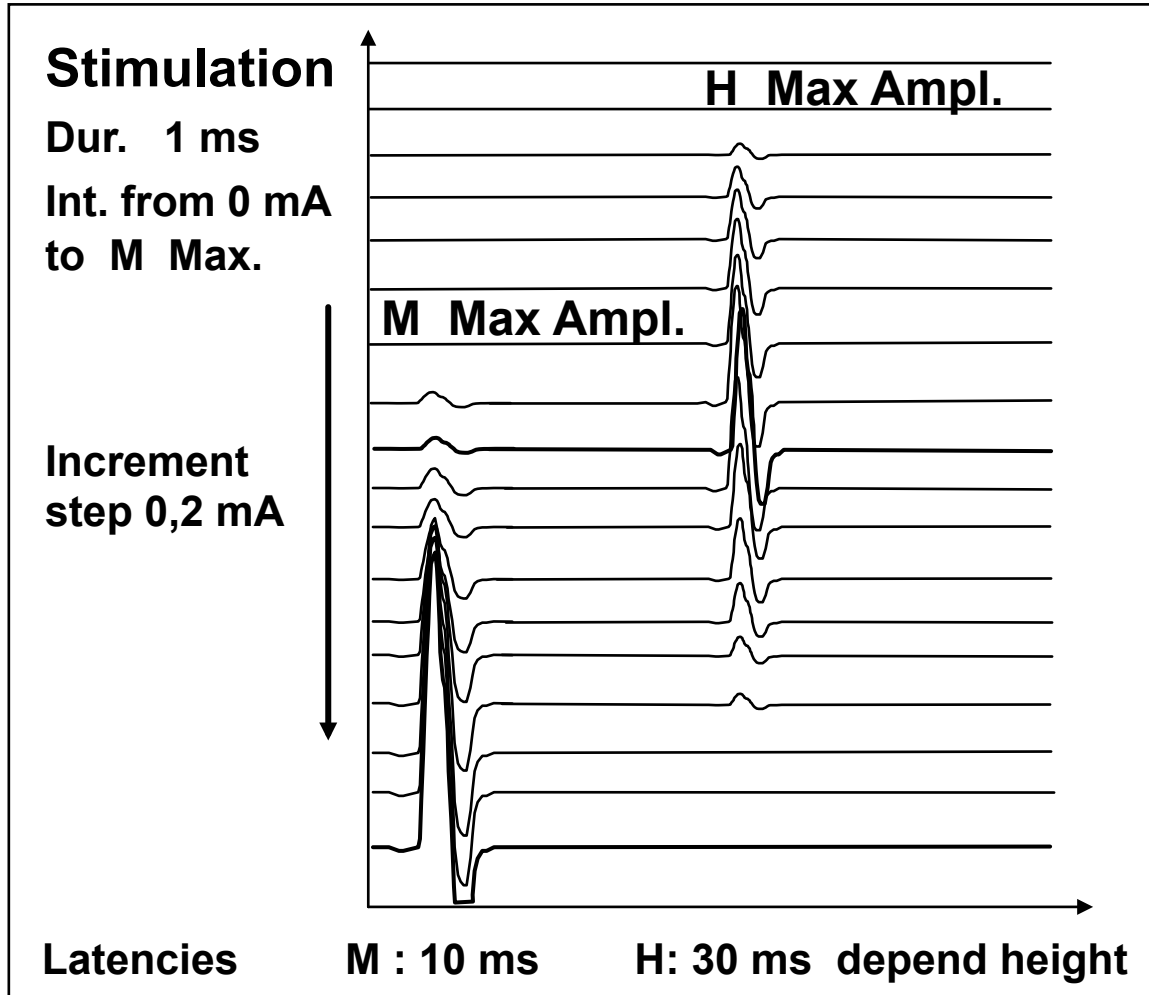
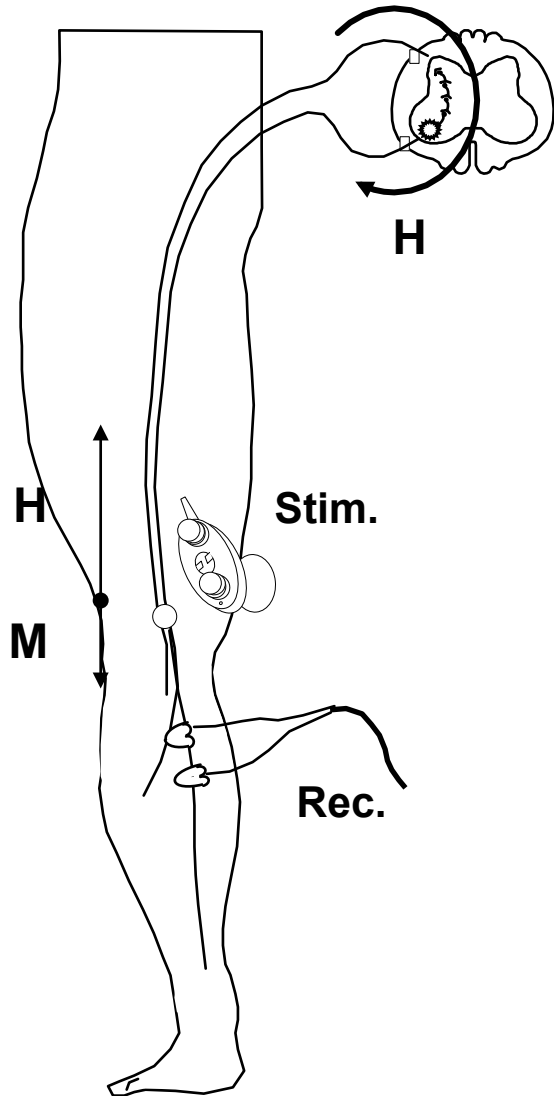
# **REFLEXES**

**H - BLINK - T - BCR**

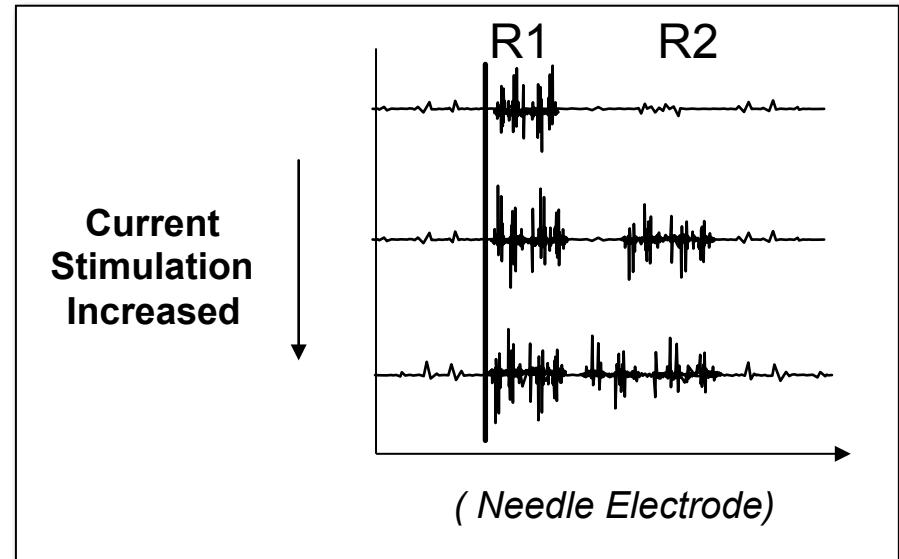
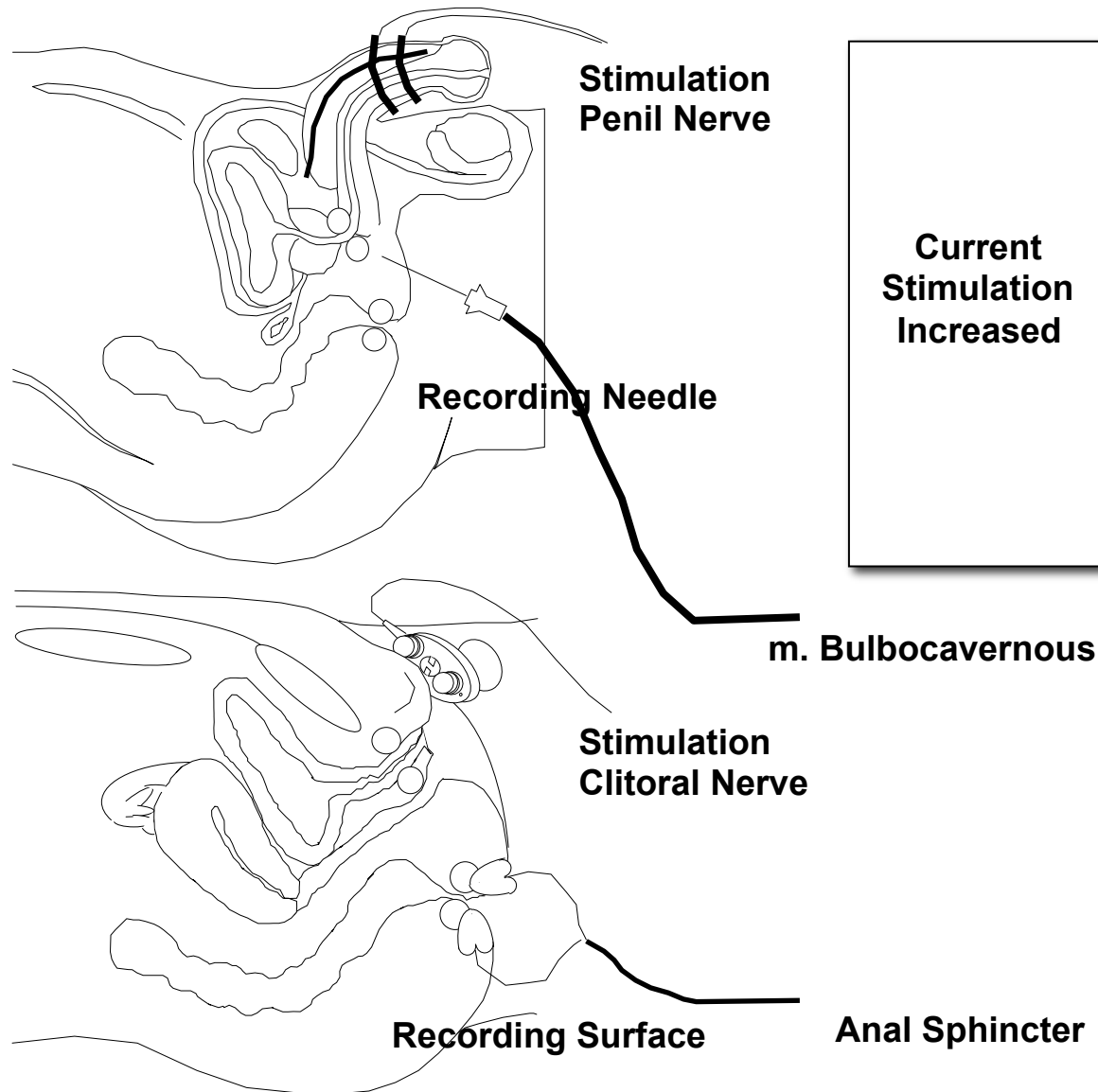
# H - Reflex

*Tibial Nerve - Root S1*

*Polyneuropathies  
Radiculopathies*



# Bulbocavernosus Reflex



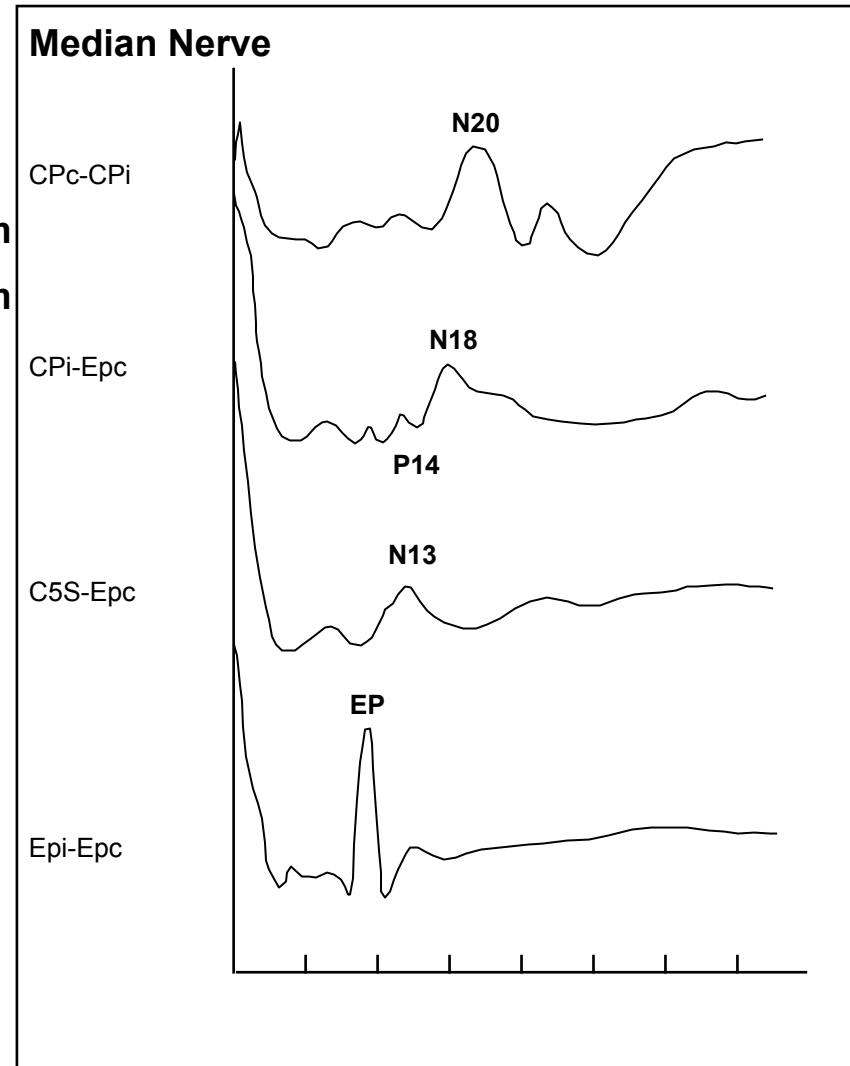
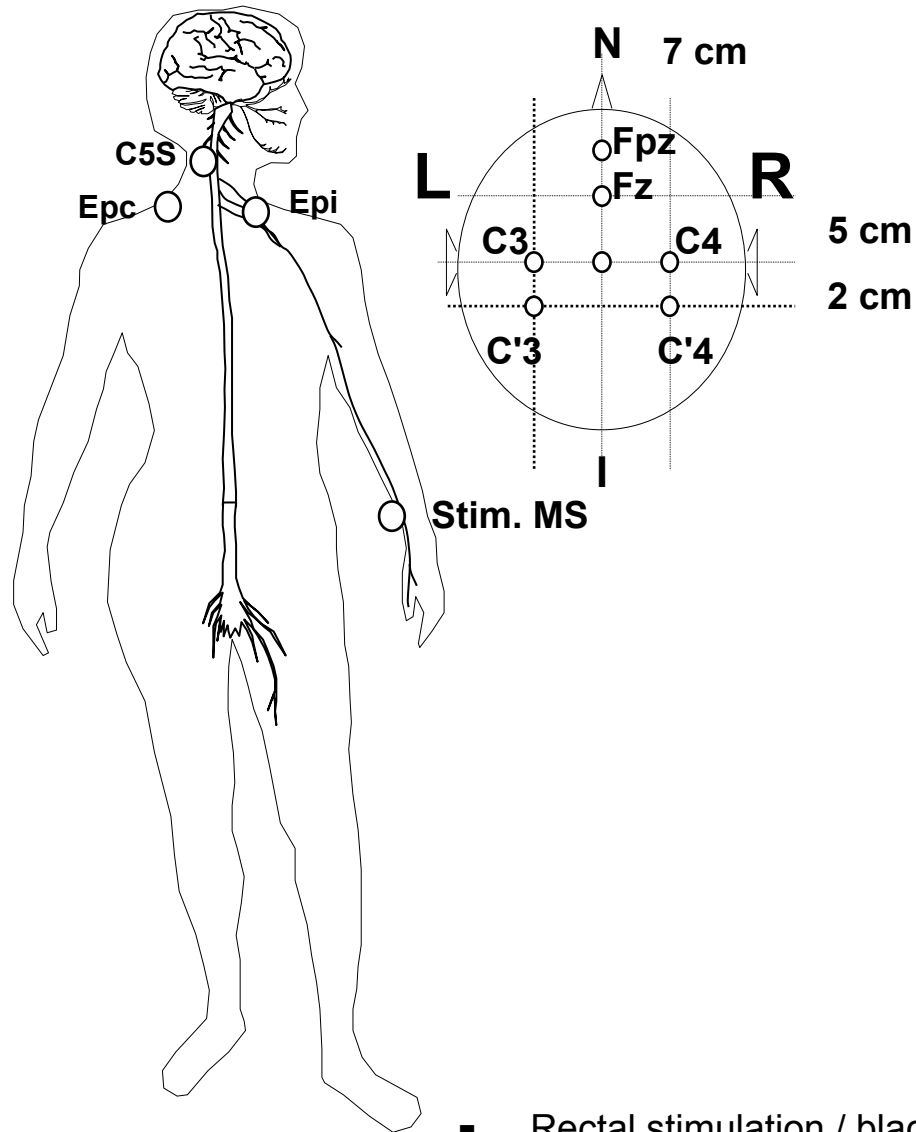
**Recording Reflex  
Latency R1  
typ. 33 ms**



# **EVOKED POTENTIALS**

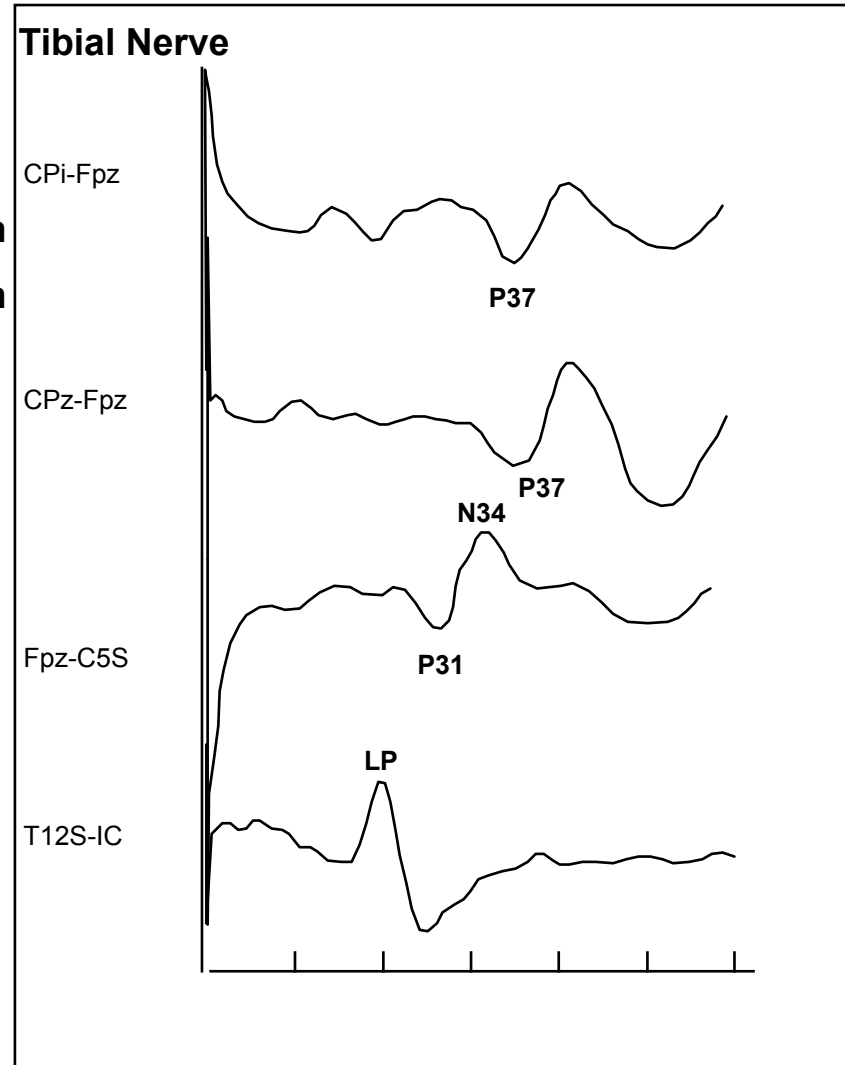
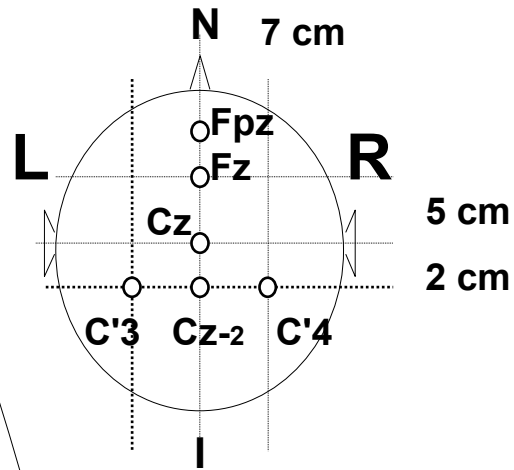
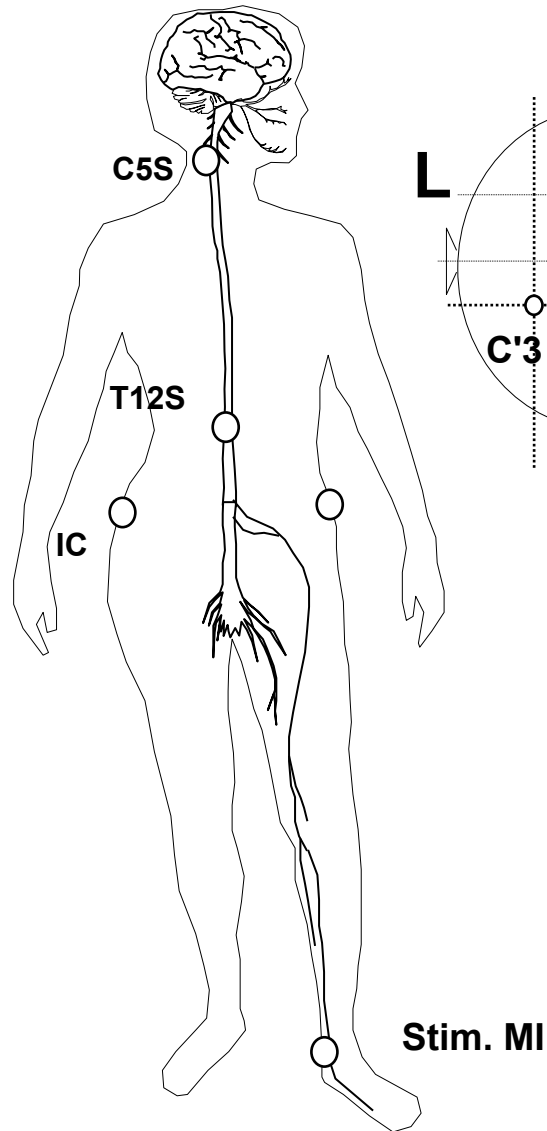
**SEP - VEP - BAEP - AEP - P300 - MEP - IOM**

# Somatosensory E.P. *Upper Extremities*

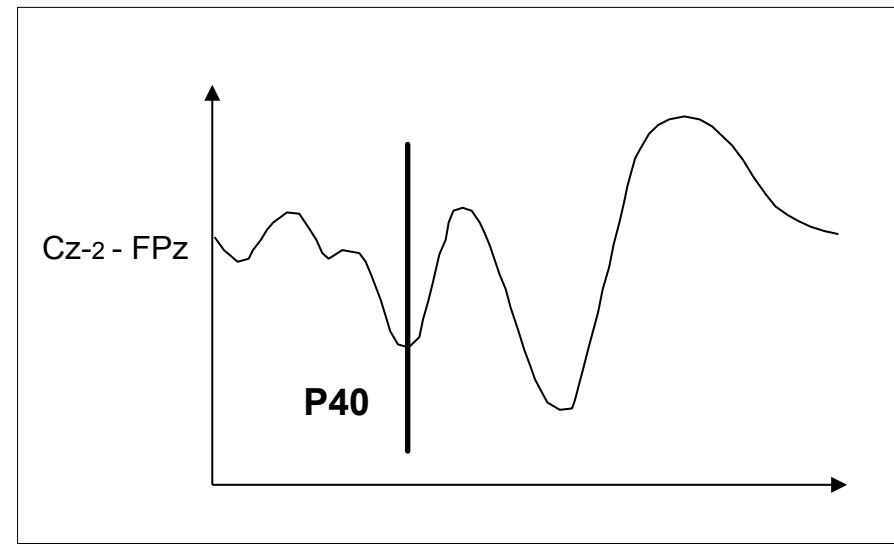
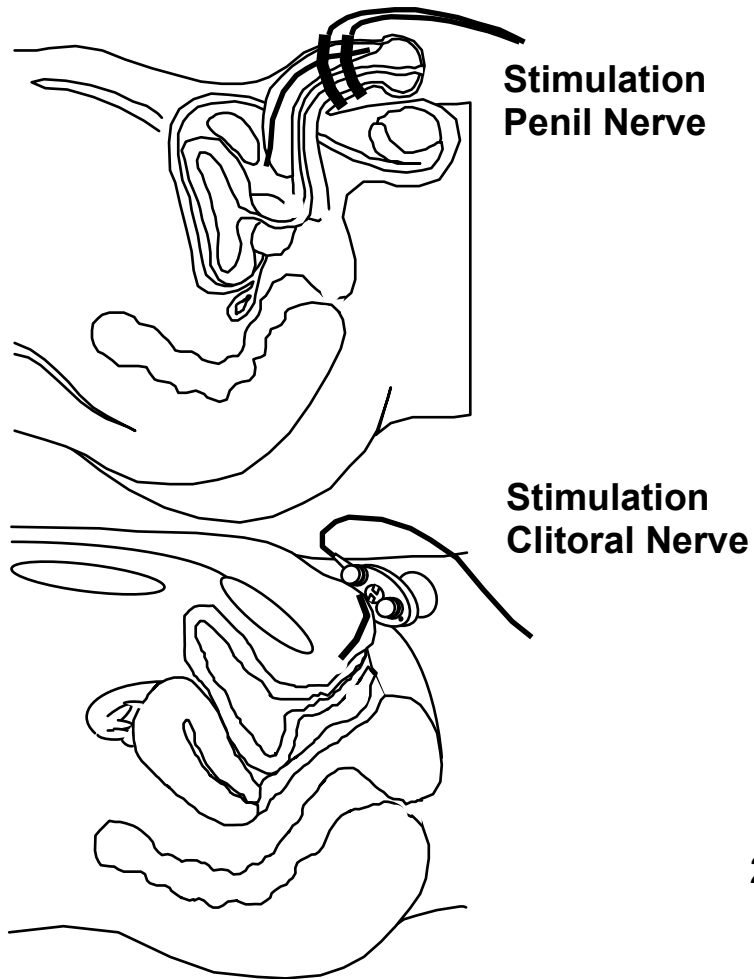


■ Rectal stimulation / bladder

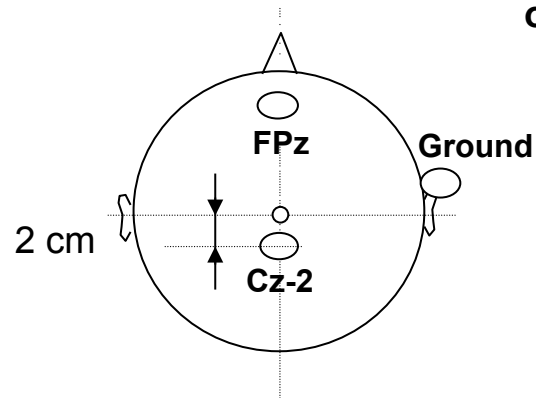
# Somatosensory E.P. *Lower Extremities*



# SEP - *Pudendal Nerve*

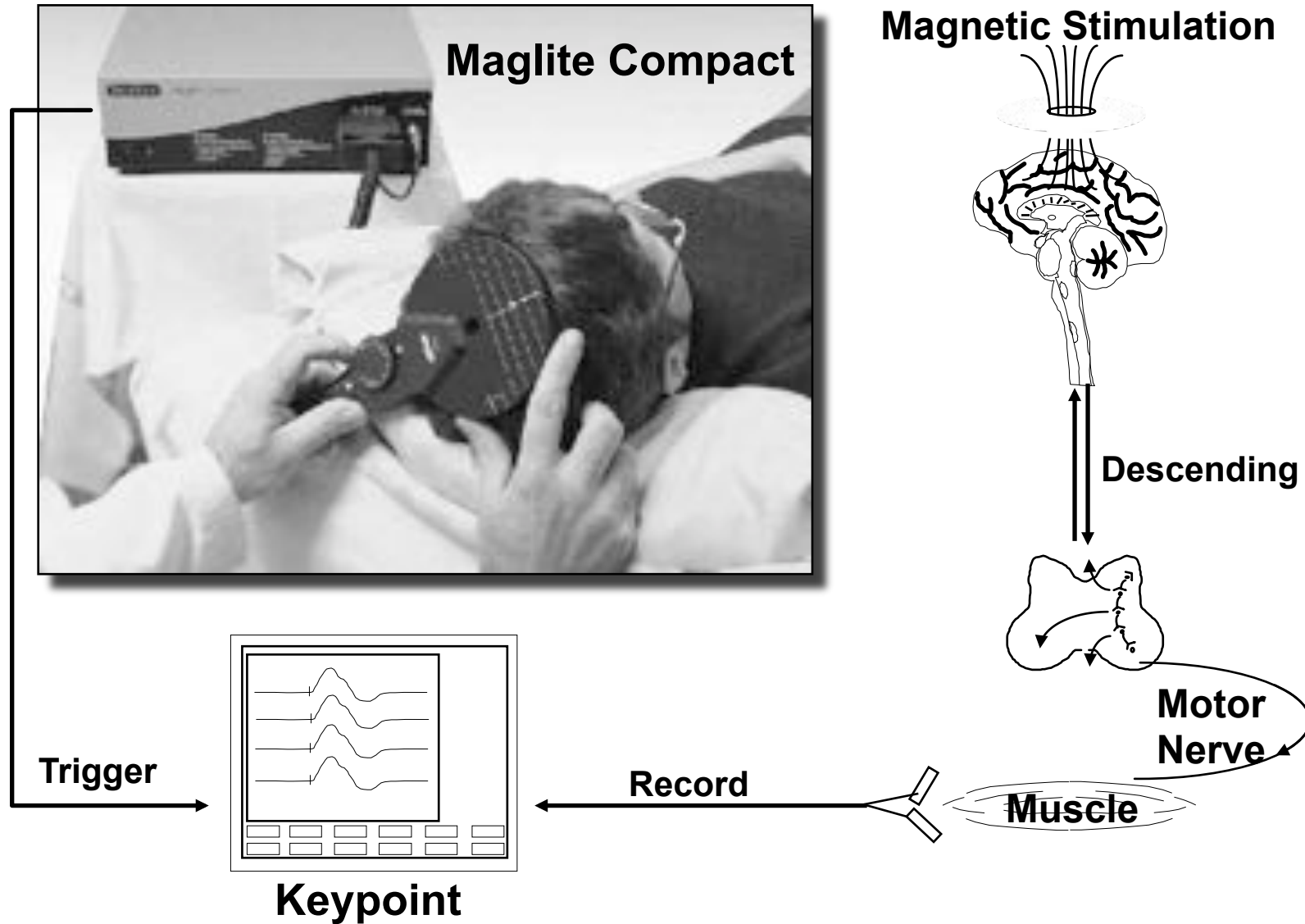


Record on Scalp with Scalp Needle  
or Surface Electrode  
Averaging : 200



**Latency P40**  
**typ. 39 ms**  
**(nl < 44 ms)**

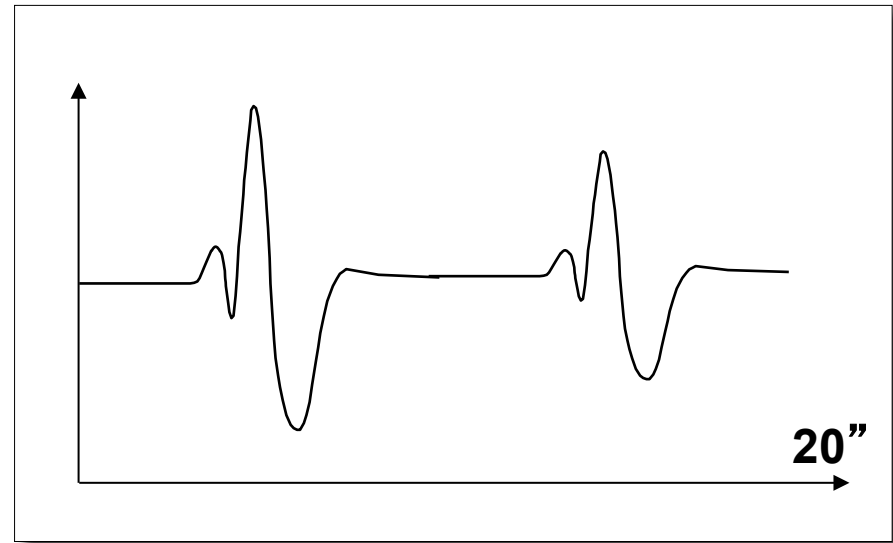
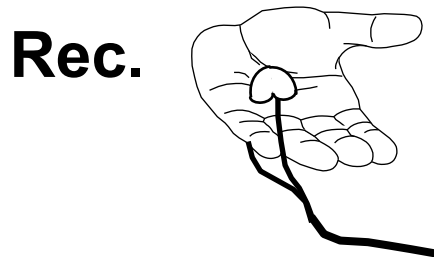
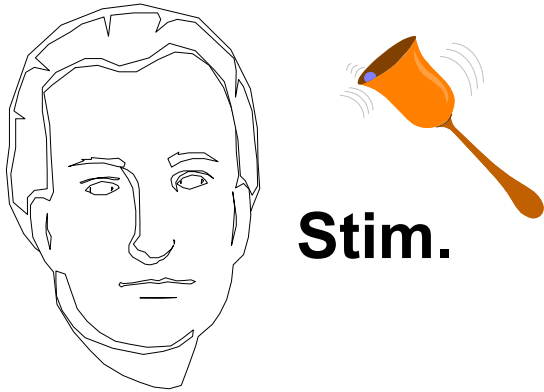
# Motor E.P.



# **AUTONOMIC**

**SSR - R:R INTERVALS - PELVIC**

# Sympathetic Skin Response *Autonomic*



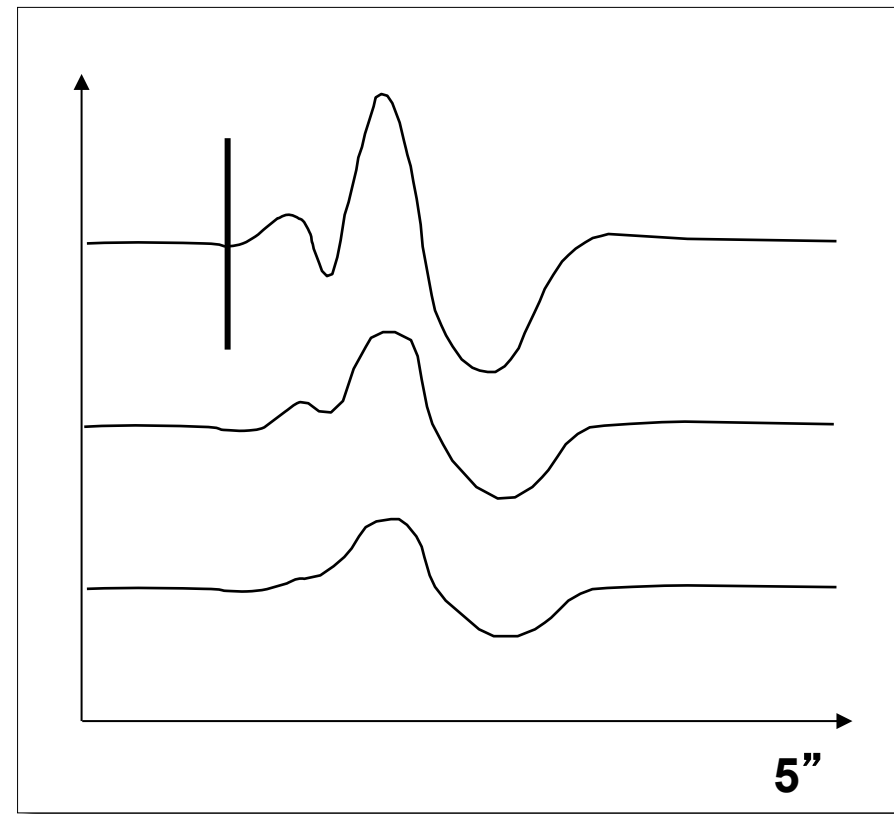
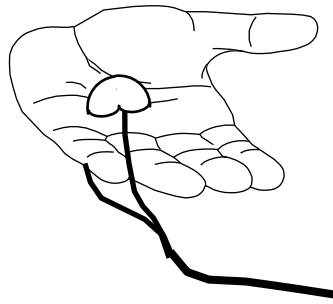
Free Running : Oscilloscope Program

# Sympathetic Skin Response *Autonomic*

**Stim.**



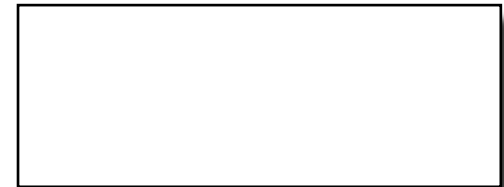
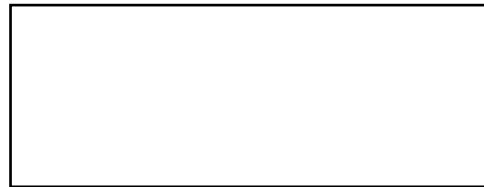
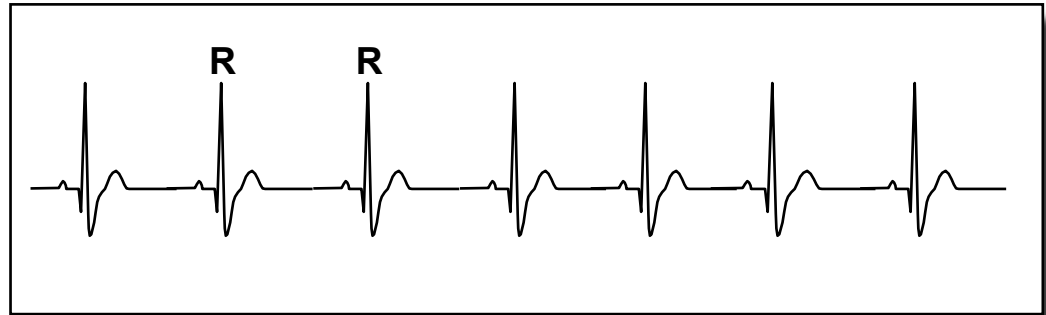
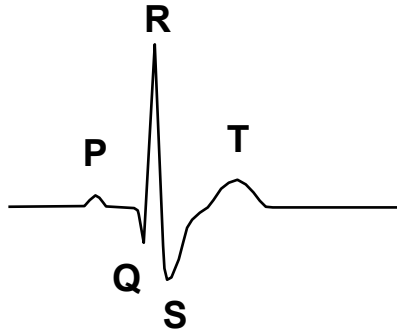
**Rec.**



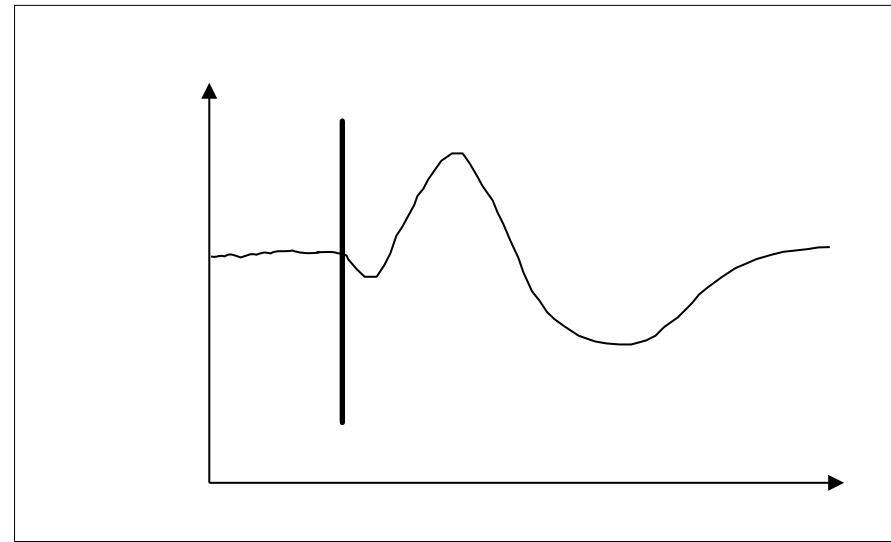
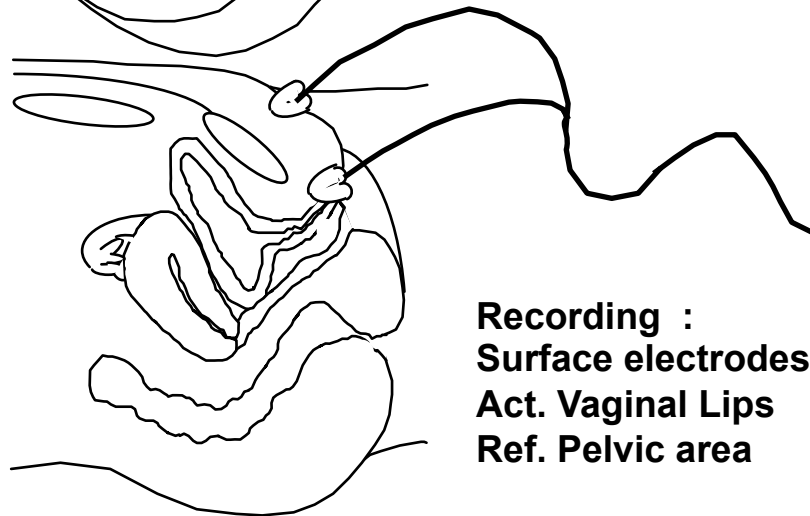
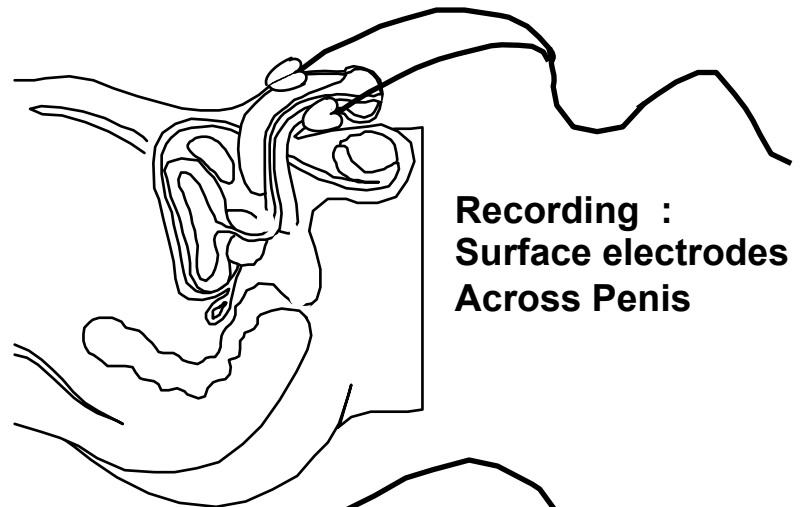
**Synchronized Recording : Program SSR**



# R - R Interval *Autonomic Heart Rate*

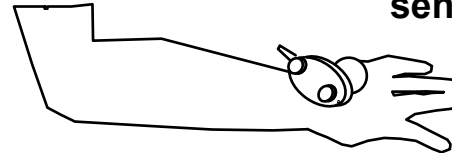


# Pelvic SSR *Sexology Studies*

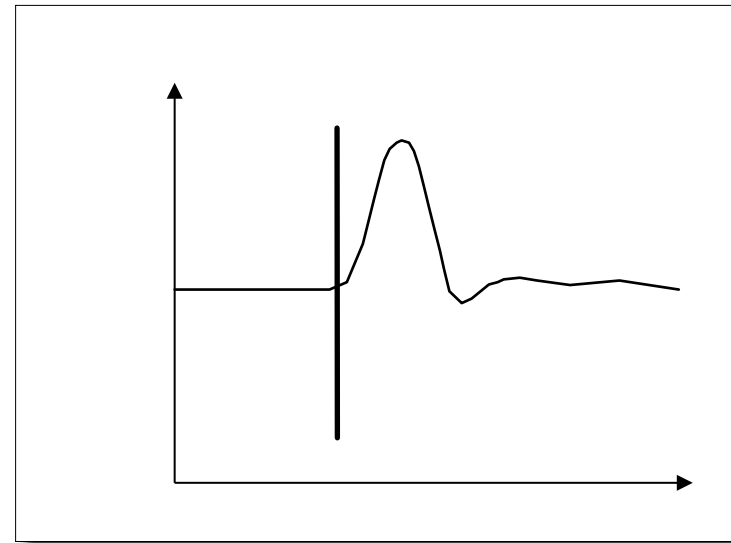
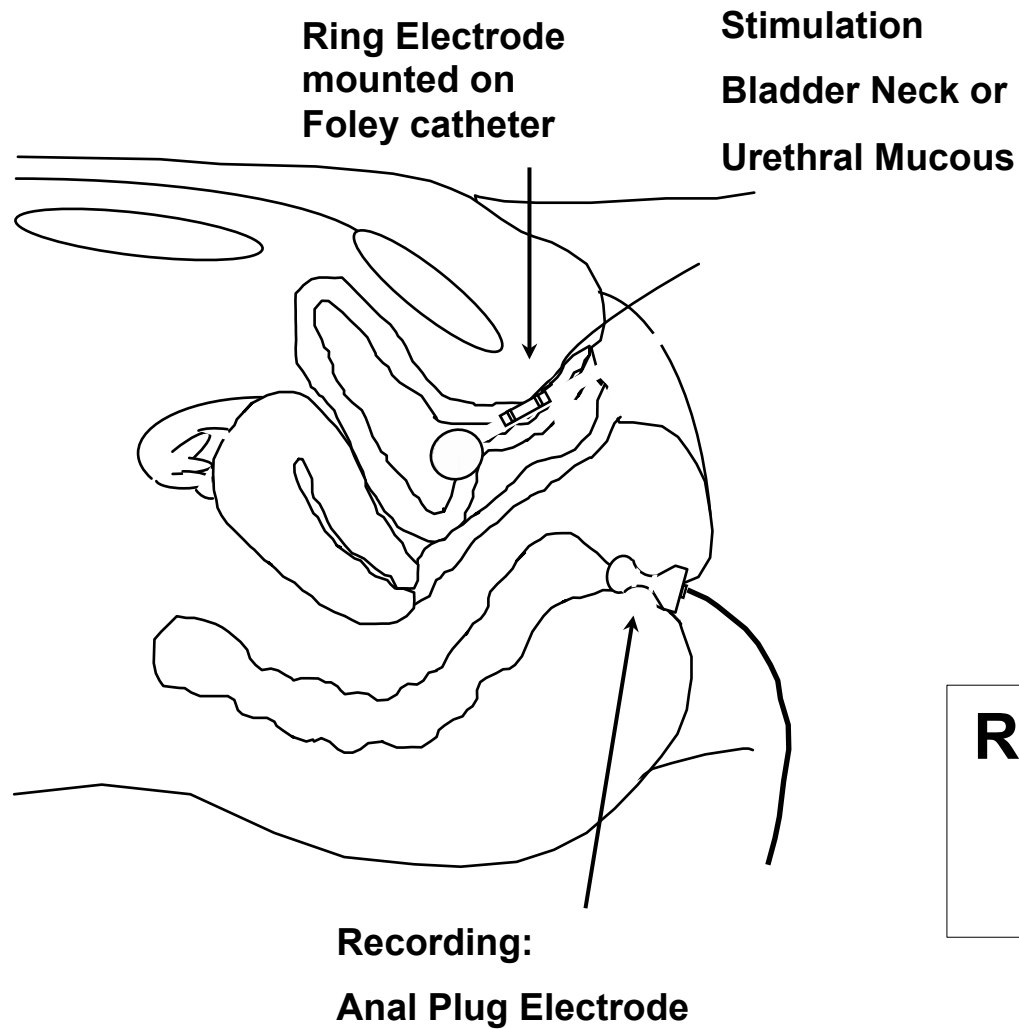


**Typ. Lat. 1,5 s**  
**Amplitude : 2 - 3 mV**

**Stimulation Median nerve, Intensity 3 times  
sensory threshold.**

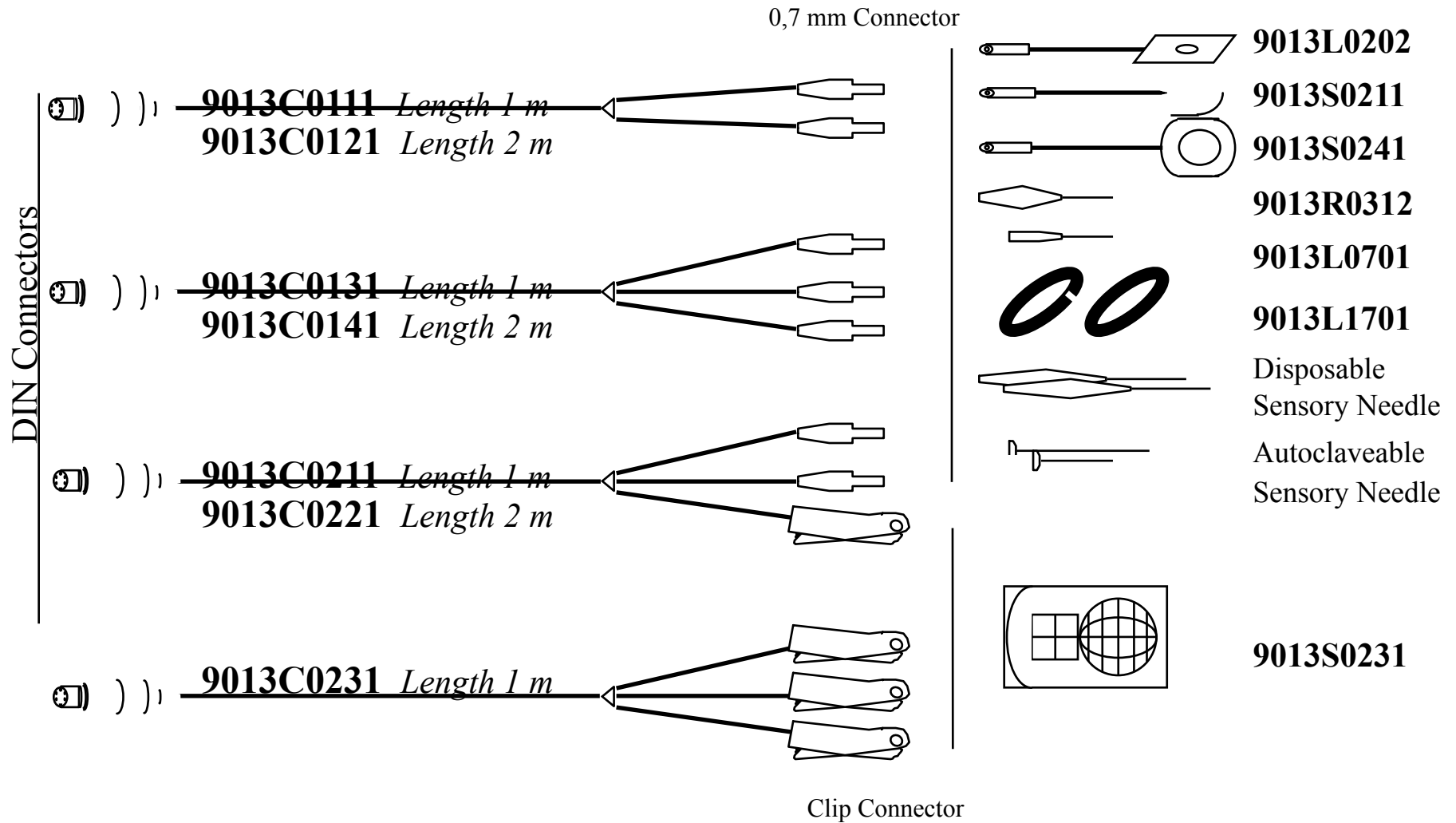


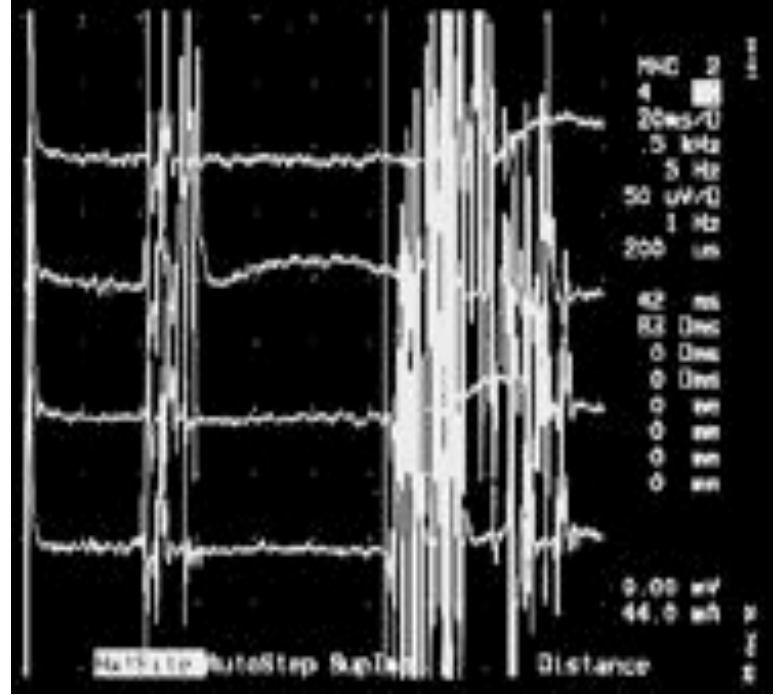
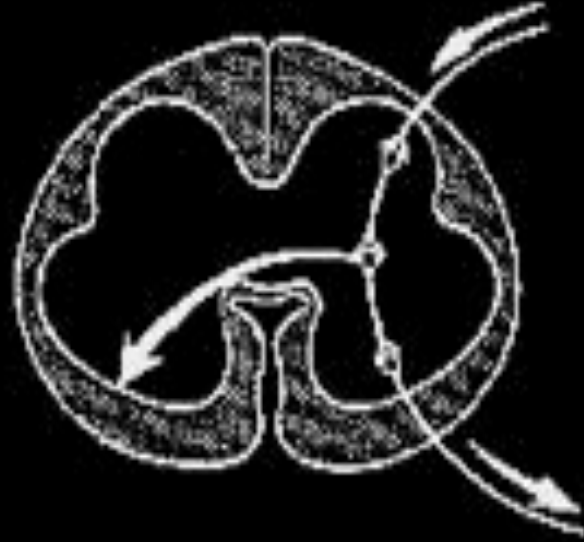
# Autonomic Pelvic Responses *Sphincters*



**Recording Junction Reflex**  
**Averaging : 50 to 200**  
**Typ. Lat. 55 - 70 ms**

# Hush™ Cables and Electrodes





# **Latences du réflexe bulbo-caverneux mécaniquement induit**

---

## **Technique**

- stimulation : mécanique nerf pudendal  
marteau électronique (région clitoridienne  
ou gland)**
- recueil : électrode aiguille dans muscle  
bulbo-caverneux droit et gauche**







# **Latences du réflexe bulbo-caverneux mécaniquement induit**

---

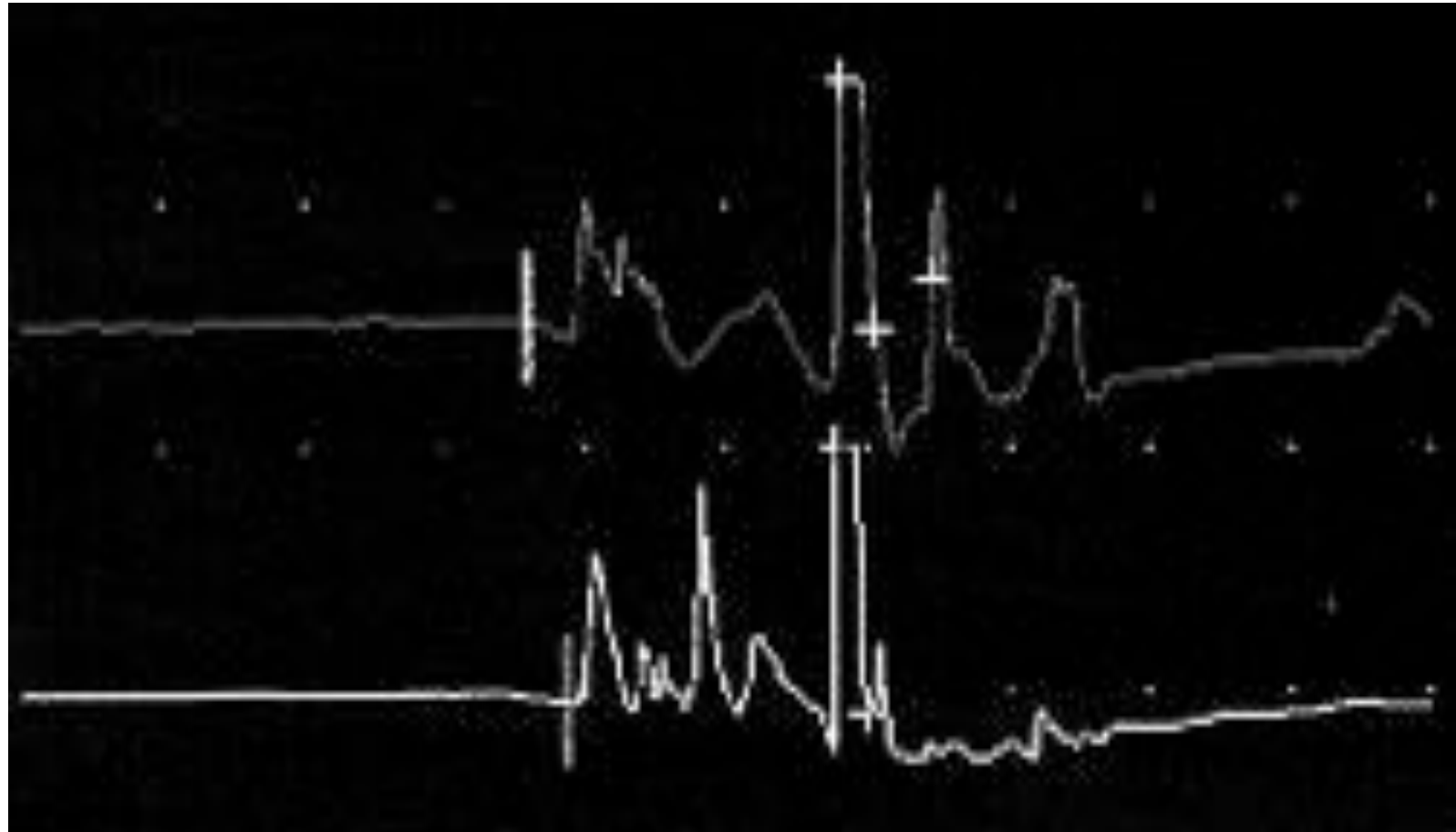
- **20 patients : 13 hommes, 7 femmes**
- **âge moyen : 50,9 ans (DS : 16,8)**
  
- **absence pathologie neurologique**
- **troubles périneaux : pollakiurie, algies  
périnéales**

# **Latences du réflexe bulbo-caverneux mécaniquement induit**

---

**mesure des latences :**

- droite et gauche**
- 5 stimulations électriques de chaque côté**
- 2 stimulations mécaniques de chaque côté**
- valeur retenue : la plus courte latence pour chacune des stimulations**





## Latences du réflexe bulbo-caverneux mécaniquement induit

---

	Droit	Gauche
LRBC électrique	33 ms (SD : 4,2)	33,3 ms (SD : 3,1)
LRBC mécanique	31,5 ms (SD : 4,1)	31,3 ms (SD : 4,5)

## **Latences du réflexe bulbo-caverneux mécaniquement induit**

---

- **bonne reproductibilité de la mesure  
latence LRBC mécanique (p : 0,0001)  
(ANOVA)**
- **valeurs normales : latences maximales (à  
2 DS)**
  - **40,3 ms à gauche**
  - **39,7 ms à droite**
  - **écart maximal inter-latence : 6 ms**

# **Latences du réflexe bulbo-caverneux mécaniquement induit**

---

- **LRBC mécaniquement induit : résultats similaires à la technique classique par stimulation électrique**
- **méthode facile, reproductible et mieux tolérée**

# **ETUDE ELECTROPHYSIOLOGIQUE DE LA PERCUSSION SUS-PUBIENNE**

---

- **rééducation des neuro-vessies pour déclencher une contraction vésicale**
- **réflexe intégré au niveau sacré ; pas toujours efficace pour assurer vidange complète si dyssynergie vésico-sphinctérienne**



# **ETUDE ELECTROPHYSIOLOGIQUE DE LA PERCUSSION SUS-PUBIENNE : matériel et méthode**

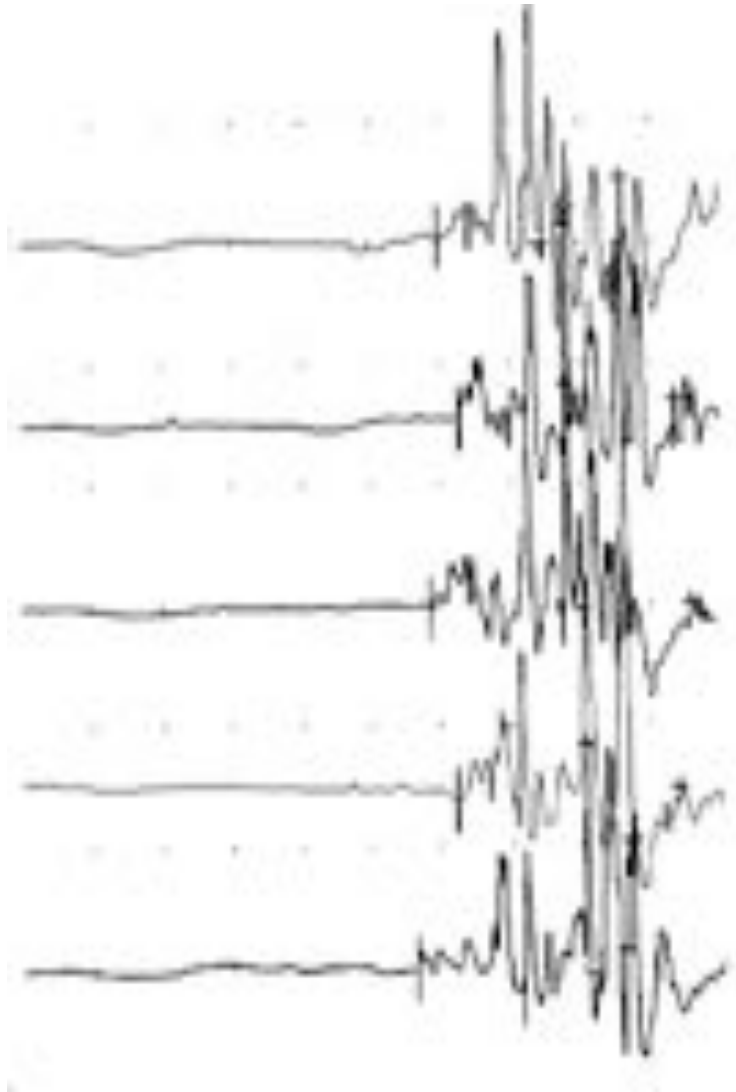
---

- **21 patients neurologiquement sains**
- **14 femmes (10 IUE/ 4IUimp) 7 hommes (7/7 signes irritatifs)**
- **age moyen 51 ans (SD=14,2)**
  
- **stimulation mécanique supra pubienne par marteau électronique**
- **stimulation électrique du nerf sensitif afferent (NDV, N. clitoris)**
- **recueil à l'aiguille dans le muscle bulbo-caverneux gauche**



# ETUDE ELECTROPHYSIOLOGIQUE DE LA PERCUSSION SUS-PUBIENNE : résultats

---



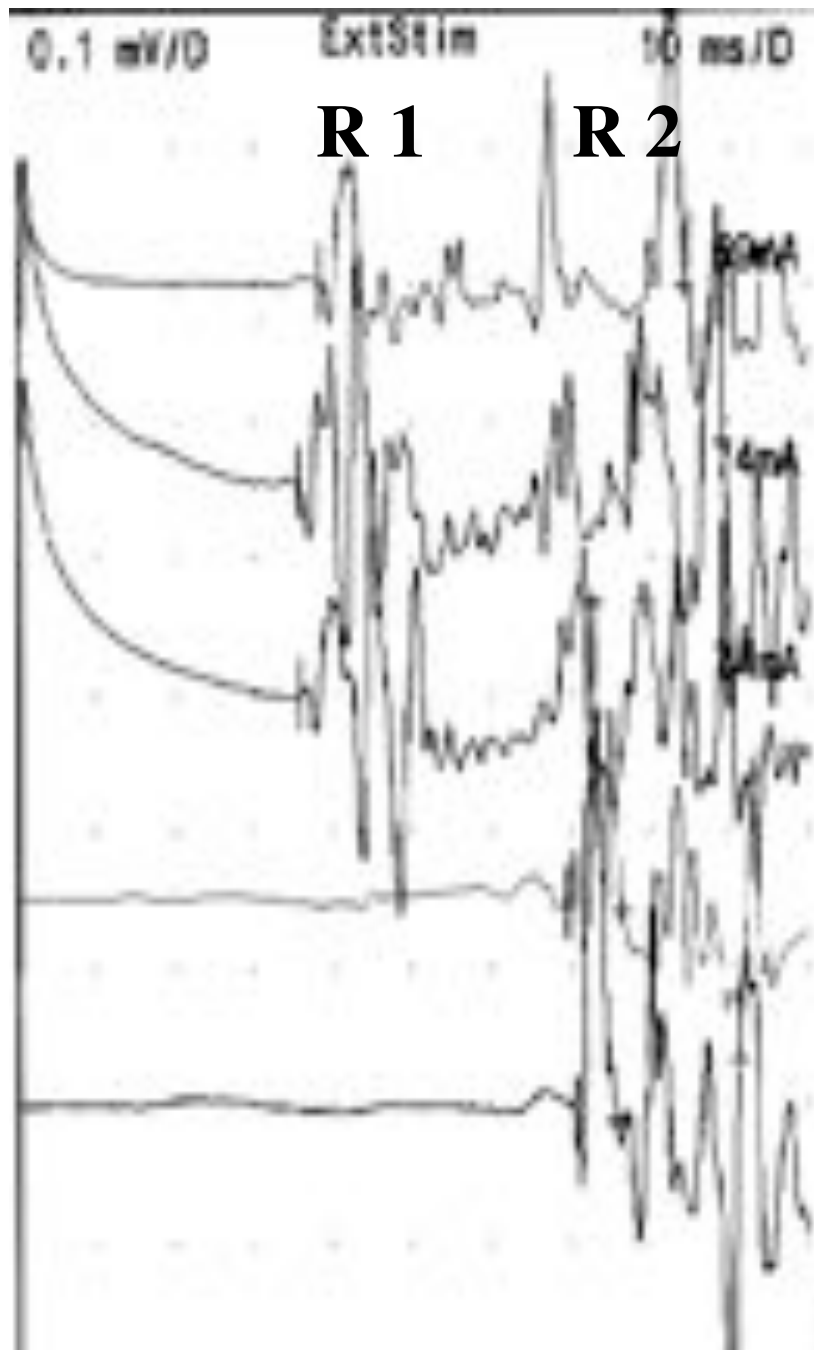
- **réponse électromyographique vérifiée par 2 fois stable et reproductible (analyse de variance avec  $p < 0,0001$ )**
- **latence moyenne de 67,5 ms (SD=14,7)**

# **ETUDE ELECTROPHYSIOLOGIQUE DE LA PERCUSSION SUS-PUBIENNE**

---

**Réflexe polysynaptique :**

- **latence courte les différentiant d'une contraction volontaire**
- **jitter**
- **habituation**
- **caractère polyphasique**
- **latence proche de la réponse R2 polysynaptique du réflexe bulbo-caverneux électrique**



**Réflexe bulbo-  
caverneux électrique**

**Réflexe pubo-  
caverneux  
mécanique**

# Réflexe Pubo-Caverneux

---

- efferent : nerf pudendal; afférent : nerf pelvien ?
- récepteur stimulé probablement intravésical
  
- chez l'homme spinal, ce réflexe entre très certainement en compétition avec le réflexe proprioceptif cutané ou vésico- détrusorien (déclenchement de la contraction vésicale par percussion sus pubienne) et représente probablement ainsi un équivalent de dyssynergie vésico-sphinctérienne
  
- chez le sujet normal, il s'agit d'un réflexe de continence, permettant une contraction périnéale réflexe à un stimulus susceptible d'engendrer une hyperpression abdominale